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July, August, September 2006

# Nursing Scholarship Winners

The Arthur L. Davis Publishing Agency has graciously provided two (2) \$500.00 scholarships for nursing students again this year. The eligibility criteria includes:

- Must be a resident of Kansas
- Must be enrolled full-time in nursing courses at a Kansas college, university, or technical school
- Professional students must have a cumulative G.P.A. of 2.75
- Practical Nursing students must be in good standing in the program.

Students must submit a completed application form and an essay. This year's essay topic was *The Unique Contribution of Nursing to Health Care*.

Nine practical nursing students and nine professional nursing students were eligible for the scholarship. Kansas Board of Nursing Education Committee members reviewed the essays using an evaluation tool developed by Vera Streit, MS, RN and Education Committee member.

The essay winner for the professional nursing category is Megan E. Voss, a student at Fort Hays



**Judith Hiner, RN, BSN, CNA, KSBN President; Sarah Finks, Johnson County Community College Student; Ann Hess, PhD, MSN, RN, JCCC Administrator; Mary Blubaugh, MSN, RN, KSBN Executive Administrator.**

State University. The practical nursing scholarship winner is Sarah R. Finks from the Johnson County Community College LPN program. Scholarship winners along with their program directors are invited to attend the March 9, 2006 Board of Nursing Meeting to be awarded their scholarships.



**Judith Hiner, RN, BSN, CNA, KSBN President; Megan Voss, Ft. Hays State University Student; Karen Tribble, RN, BSN, MS, FHSU Faculty; Mary Blubaugh, MSN, RN, KSBN Executive Administrator.**

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### DISCLAIMER CLAUSE



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## The Unique Contribution of Nursing to Health Care

by Megan Voss

Health care is made up of many diverse professions that possess unique characteristics. Each profession contributes to the physical and/or mental wellbeing of every patient. Nursing is a very important part of the health care system. Many elements make the art and the science of nursing and make it stand out among other healthcare professions. Care, advocating holistic health, and faithful, reliable service make nursing valuable and unique.

Caring is more than an action or an adjective. To care or be cared for is an experience. It is the basic rule of humanity; to care for someone is to treat them as you wish to be treated. Care puts one's own pleasures and desires aside in order to help someone else. Caring is what keeps the world in check. If no one cared about anyone or anything, no good would ever be accomplished. Nursing is one of the few professions based on caring. The foundation of Nursing is caring for the physical, mental, and spiritual needs of patients. Caring so deeply touches the souls of the giver and receiver; many experiences of caring are never forgotten. Caring is truly the most vital part of the art of nursing.

To care for the physical, mental, and spiritual needs of a patient is to be his or her advocate towards holistic health. Too often health care professionals single out a patient's acute medical needs, while allowing long term mental and spiritual wellbeing to suffer. This is often a slow process that not even the patient recognizes. When this happens, nursing care extends to touch every aspect of that patient. Nurses uniquely seek to soothe not only the physical, but the mental and spiritual wounds of their patients as well.

Nurses care, not only during rounds, or 9-5 working hours, but 24 hours a day, 7 days a week, 365 days a year. A nurse is the first person a patient sees upon waking in his or her hospital bed, the last person checking on him or her before sleep arrives, and the only person constantly monitoring care through the day and night. Respiratory, physical, and occupational therapists come and go, even doctors fly in and out, but the nurse serves as the patient's constant during their chaotic time of need. Nurses develop a unique bond with their patients based on trust.

Each diverse profession in healthcare contributes to the wellbeing of every patient. There is not a single profession that could provide adequate care without the others. The unique art of nursing is no different, but without a constant source of care and concern for holistic wellbeing healthcare would not be complete. If every profession in healthcare worked together and Care, advocating holistic health, and faithful, reliable service make nursing valuable and unique.

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by Sarah Finks

The nurse has the unique role in the health care system of being a bridge of communication between the patient, their doctor, and the patient's family. In a health care setting, the patient is often too ill to see to his or her own needs. The nurse gives them a chance to heal while advocating for and communicating their needs. The patient's family is

often scared and wants information, and the nurse helps them to understand and allays their fears. The doctor relies on the nurse to provide critical information necessary for their healing interventions. The nurse is there, 24 hours a day, 365 days a year, to serve these functions.

At three in the morning, when the world is sleeping, the nurse maintains a vigilant watch over the patient. The nurse is there when the patient cannot sleep because they are scared, or in pain, or just bored. The nurse holds their hand and listens to their fears and their needs. They administer medications throughout the day and night to help heal the patient. They call the doctor if the patient needs something they don't have. The nurse is there at all times.

At seven in the morning the doctor walks in and asks the nurse for the vital signs and test results for his patient. The nurse organized the information so that the doctor wastes no time in assessing the patient. New tests and treatments are ordered based on the data the nurse provides. The doctor sees the patient and the room is clean and orderly, and the patient is resting comfortably because the nurse has been there all night.

The family arrives at dinnertime to see their loved one. They look to the nurse for answers, seeking assurance that all is being done that can be done. The nurse reports on the tests that have been done, the medications given, and the general condition of their family member. The family thanks the nurse and can visit with the patient in a relaxed manner because they are confident in the care being provided to their loved one.

Nurses are vital to quality healthcare. Their contributions in the medical world are many. The patient is scared, the nurse holds their hand. The doctor needs information, the nurse gives it to them. The family needs answers, the nurse provides them. But this above all makes nursing essential and unique for healthcare—nurses bridge the gap between the clinical world of medicine and the caring bonds that make us a society. Nurses reach out to humankind with sincere compassion and care, and with a selfless, non-judgmental, loving hand.

## Update on Legislative Action in the 2005-06 Legislative Session

Several bills impacting nurses were active during the 2005-2006 Legislative Session but none of them received final action. This is not a carry over year so to be considered in the 2006-2007 Legislature, they would need to be reintroduced.

### HB 2852 and 2853

House Bills 2852 and 2853 were introduced to allow the Board of Nursing to ask an applicant for licensure to be fingerprinted and submit to a state and national criminal history record check. HB 2852 included RNs and LPNs and HB 2853 included LMHTs.

A hearing was held in the House Health and Human Service committee on March 2nd. The BON provided supporting testimony including information from the National Council of State Boards of Nursing that currently 18 boards of nursing are authorized to use criminal background checks and those that have implemented it found a positive return on 6-7% of RN applicants and 10-12% of LPN applicants.

In 2003, an imposter who had stolen the identity of a New Mexico nurse and used it to obtain an RN license in both Missouri and Kansas was arrested. The New Mexico nurse had been notified by the IRS that he had not paid taxes on his Kansas income. Since he had never worked in Kansas, he reported the information and the investigation of the BON and KBI began. Had fingerprints been required on application, this imposter would have never been licensed. He was a convicted felon and since the fingerprints of the individual whose identity he stole were also on file, he would have been exposed.

Criminal convictions are permissive grounds for discipline or denial of licensure for all boards of nursing, with one exception for Kansas—the person felony bar. Kansas law allows for the Board to weigh and balance the conviction with mitigating factors. Not all applicants with a criminal history are or should be denied a license. Each applicant received individual analysis. K.S.A. 65-1120 (f) currently authorizes the Board of Nursing to receive (from KBI) criminal history record information relating to arrests and criminal convictions as necessary for the purpose of determining initial and continuing qualification for licensure.

KBI provided written testimony in support of the bills and indicated they had submitted them for review by the FBI and the language was approved as written.

KSNA opposed the bills, in particular the language that would authorize the BON to obtain arrests, expungements and juvenile records from the FBI. They also asked for an amendment to K.S.A. 65-1135 relating to the release of complaints.

Following the hearing a subcommittee was appointed which met twice during the last two weeks of the session and no action was taken on the bill.

### HB 2813

House Bill 2813 would eliminate the practice of nursing by graduates pending the results of their first licensure exam. This bill was requested by the BON to further the mission of assuring the citizens of Kansas safe and competent practice by nurses. The NCLEX pass rate in 2005 for RNs was 85.41% and for PNs was 94.55%. The statistics show that up to 15% of graduate

nurses may have practiced for up to 120 days without the minimum knowledge and skill to be licensed in the state.

In the past, graduate nurses did not receive the results of the NCLEX for 1-2 weeks after taking the examination. With the change in testing vendors, test results are now received within 1 business day (usually within 2 hours) and the licensee is notified (receiving their license or notice of failure) the same or next business day.

Research has also shown that the sooner graduates test following graduation, the higher the pass rate; elimination of the graduate status may encourage earlier testing.

A review of other boards of nursing regulation shows that 22 boards do not allow graduates to practice before taking NCLEX, including Nebraska and Oklahoma.

This bill was supported by nursing administrators, nursing educators and nursing students. Testimony in opposition to the bill was given by other student nurses.

The bill was passed by the House Health and Human Service Committee and passed by the full house. It was then sent to the Senate and referred to the Public Health and Welfare committee but did not receive a hearing before the end of the session.

### HB 2812

House Bill 2812 would have increased the statutory caps on BON fees and added the ability to collect fees for fingerprints. The bill was referred to the House Appropriations committee but there was no action taken.

### HB 2342

House Bill 2342 would have allowed the determination and pronouncement of death by ARNPs and RNs in licensed adult care homes and hospices in the absence of a physician when the death appears to be from natural causes and the patient was not an organ donor. The bill was heard in the House Health and Human Service committee, amended, passed by the committee and the full house and referred to the Senate Public Health and Welfare Committee and was heard but was not voted on by the committee.

### HB 2256

House Bill 2256 would have amended the ARNP statutes to allow ARNPs to prescribe without written protocols. The bill was introduced in the 2004-2005 legislative session, and hearings were held in 2005. On February 13, 2006 it was withdrawn from Health and Human Services and referred to Appropriations; on February 14, 2006 it was referred to Health and Human Services. There was no action taken on the bill.

### ADDRESS CHANGE

For change of address, please cut out form below and mail to Kansas State Board of Nursing, 900 S.W. Jackson, Landon State Office Building, Rm. 1051, Topeka, KS 66612-1230. NO e-mail address change notices accepted. Signature is required.

License Number: \_\_\_\_\_

\_\_\_\_\_ RN \_\_\_\_\_ LPN \_\_\_\_\_ LMHT

\_\_\_\_\_ RNA \_\_\_\_\_ ARNP

Please Check All That Apply

Name: \_\_\_\_\_

Old Address: \_\_\_\_\_

\_\_\_\_\_

New Address: \_\_\_\_\_

Street No.

City/State/Zip \_\_\_\_\_

Sign Here: \_\_\_\_\_

\_\_\_\_\_

(Date New Address in Effect)

## The Warm Fuzzy Corner

**Vanda in licensing received . . .** *"this renewal process was easy to use and I LOVED it! Kudos to everyone who had a hand in this updated process."* DJK

**Inge in legal received . . .** *"I appreciate your kindness and willingness to help me in this matter, you are a gem."* AG

**Janelle in licensing received . . .** *"I want to thank you for the effort you put into my case and the attention you gave me. I have dealt with quite a few state nursing boards and many would not have done a fraction of what you did. I greatly appreciate it."* JQ

**Nancy in education received . . .** *"Thanks so much Nancy! You provided the answer in a 'nutshell.'" SD*

**Vanda in licensing received . . .** *"I want to thank you for the ultra fast processing of my nursing license. I received it the next day!!!! Wow. A service that really works. Thank you so much! The speedy reply kept me from losing out on a \$300 shift."* KF

**www Form Submission received . . .** *"you guys rock! I rec'd my renewal info on Tuesday, 03/07/06 and completed the online renewal on that day. On Thursday, 03/09/06 I rec'd my license in the mail. Incredible service! Thanks."* SC

**Vanda in licensing received . . .** *"Have I told you that you are just amazing??? Well you are . . . and I thank you so very much for all of your help!"* SDC

**www Form Submission received . . .** *"Thanks! By the way! I think KS website for nursing is super! It is so easy to use! I miss Kansas!"* KL

**www Form Submission received . . .** *"On using the on-line renewals this is the second time I've utilized it. It was concise and easy to complete and the changes made since last time were timely."* DP

**Janelle in licensing received . . .** *"Thank you for making a 'Bad Situation' easy!"* SM

**Sherri in legal received . . .** *"Thank you for following through on the case. I am thankful for your professionalism, as well as your kindness when we spoke on the phone a few weeks ago."*

## How to Contact Us 785-296-4929

### ADMINISTRATION

Mary Blubaugh, MSN, RN  
Executive Administrator

**785-296-5752**

[mary.blubaugh@ksbn.state.ks.us](mailto:mary.blubaugh@ksbn.state.ks.us)

785-296-5752

Roberta Kellogg  
Administrative Specialist

[roberta.kellogg@ksbn.state.ks.us](mailto:roberta.kellogg@ksbn.state.ks.us)

785-296-5752

Jean Kartman  
Administrative Specialist

[jean.kartman@ksbn.state.ks.us](mailto:jean.kartman@ksbn.state.ks.us)

785-296-3375

### EDUCATION

Nancy Mosbaek, PhD, RN  
Education Specialist  
Basic Education Regulation,  
Refresher Courses, School  
Surveys, LMHT Exams

**785-296-3782**

[nancy.mosbaek@ksbn.state.ks.us](mailto:nancy.mosbaek@ksbn.state.ks.us)

785-296-3782

Patty L. Brown, MS, RN  
Education Specialist, CNE  
Continuing Nursing Regulations,  
LPN Therapy, ARNP, Audits

[patty.brown@ksbn.state.ks.us](mailto:patty.brown@ksbn.state.ks.us)

785-296-3782

LaNae Workman  
Administrative Assistant  
Education Secretary, Records  
Inspections, Controlled  
Substance Verifications

[lanae.workman@ksbn.state.ks.us](mailto:lanae.workman@ksbn.state.ks.us)

785-296-3782

### LEGAL DIVISION

Mark Knight  
Assistant Attorney General

**785-296-8401**  
**785-296-4325**

[mark.knight@ksbn.state.ks.us](mailto:mark.knight@ksbn.state.ks.us)

785-296-4325

Kimberly Quinin  
Administrative Assistant

[kimberly.quintin@ksbn.state.ks.us](mailto:kimberly.quintin@ksbn.state.ks.us)

785-296-4325

Diane Glynn, JD, RN  
Practice Specialist

[diane.glynn@ksbn.state.ks.us](mailto:diane.glynn@ksbn.state.ks.us)

785-296-8401

Inge Reed  
Senior Administrative Assistant

[inge.reed@ksbn.state.ks.us](mailto:inge.reed@ksbn.state.ks.us)

785-296-8401

Betty Stewart  
RN Investigator III

[betty.stewart@ksbn.state.ks.us](mailto:betty.stewart@ksbn.state.ks.us)

785-296-4325

Sharon Gregory  
RN Investigator III

[sharon.gregory@ksbn.state.ks.us](mailto:sharon.gregory@ksbn.state.ks.us)

785-296-4325

Kathleen Chalkley, LPN  
Special Investigator I

[kathleen.chalkley@ksbn.state.ks.us](mailto:kathleen.chalkley@ksbn.state.ks.us)

785-296-4325

Karen Peschka, RN  
RN Investigator III

[karen.peschka@ksbn.state.ks.us](mailto:karen.peschka@ksbn.state.ks.us)

785-296-4325

### LICENSING

Angie Smith  
Administrative Officer  
Licensing Division Supervisor

[angie.smith@ksbn.state.ks.us](mailto:angie.smith@ksbn.state.ks.us)

785-296-6573

Vanda Collins  
Administrative Assistant  
Endorsements

[vanda.collins@ksbn.state.ks.us](mailto:vanda.collins@ksbn.state.ks.us)

785-296-2240

Tammie Bush  
Administrative Assistant  
Renewals, Original Verification of Licensure

[tammie.bush@ksbn.state.ks.us](mailto:tammie.bush@ksbn.state.ks.us)

785-296-2453

Gary Taylor  
Administrative Assistant  
Examination and Foreign Applications

[gary.taylor@ksbn.state.ks.us](mailto:gary.taylor@ksbn.state.ks.us)

785-296-2967

Karen Smith  
Administrative Assistant  
Receptionist, Name Changes,  
Address Changes, Affidavits,  
PIN Number Requests

[receptionist@ksbn.state.ks.us](mailto:receptionist@ksbn.state.ks.us)

785-296-3350

Janelle Knowles  
Administrative Assistant  
Reinstatements, Data Records, Archives

[janelle.knowles@ksbn.state.ks.us](mailto:janelle.knowles@ksbn.state.ks.us)

785-296-2926

### Now Available On-Line!!

The July 2005 update of the Kansas Nurse Practice Act is now available. To receive a copy, download from web page at [www.ksbn.org](http://www.ksbn.org).

## NOW AVAILABLE ON LINE!!

The KSBN FY 2005 Annual Report is now available. To get a copy, it can be downloaded off our website: [www.ksbn.org](http://www.ksbn.org) OR can be purchased with the following order form. The charge for the report is \$5.50.

#### ORDER FORM FOR THE KSBN FY 2005 ANNUAL REPORT

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_

ZIP: \_\_\_\_\_

Number of Reports requested: \_\_\_\_\_  
(\$5.50 each)

Please remit payment to:  
Kansas State Board of Nursing  
Attn: Karen S.  
900 SW Jackson, Ste 1051  
Topeka, KS 66612-1230

## Nursing Loans and Scholarships

Nursing Loans are available through the Nursing Education Loan Repayment Program for nursing students enrolled in professional nursing programs. The loans are currently available for nursing students who serve in critical shortage areas. Call NELRP at 1-877-464-4772 or go to [www.bhpr.hrsa.gov](http://www.bhpr.hrsa.gov), student assistance for more information.

A link from the Board web page at [www.ksbn.org](http://www.ksbn.org) is available to nursing scholarship web sites (Click on Education Division and follow the links).

## Things To Be Found on the Website [www.ksbn.org](http://www.ksbn.org)

### Site Map

#### **General**

- Mission Statement
- Directions to KSBN
- Office Hours and Holidays
- Site Tools Download Center
- Agency Fees
- Employment Opportunities
- Frequently Asked Questions
- Renewal Schedule
- KSBN Staff
- Feedback
- Disclaimer

#### **Agency Forms**

#### **Nursing Newsletter**

#### **Licensure**

- Notice of Renewal Application
- Online License Renewals—Renew your Kansas nursing license online.

- Online Address Change—Change your address online.
- Licensing Frequently Asked Questions
- On Site Application Process
- Licensees in Military Service

#### **License Verification and Database Verifications**

- License Verifications
  - License Verification Database
    - License Verification Database Help File
- License Prefix Professions Meanings
- Alert Code Meanings
- Name Search Example

#### **Education Division**

- Education Frequently Asked Questions

#### **Legal Division**

- Discipline Case List
- Legal Division Frequently Asked Questions
- Request Risk Management Reporting Form
- Guidelines & Position Statements
- The Investigative Process
- Your Rights Before the Board

#### **Nurse Practice Act**

- Proposed Regulations
- Approved Regulations

#### **Board Meetings**

- Board Meeting Agendas and Minutes
- Board Meeting Schedule
- Board Members

#### **Nursing Statistics—Annual Reports**

#### **Helpful Links**

## Member Boards:

Effective April 23, 2006 candidates who choose to provide an email address at the time of registration, regardless of registration method, will receive the correspondence only by email. Prior to April 23, 2006 all candidates were mailed hard copies of all correspondence ***in addition to*** receiving copies by email.

Hard copy correspondence will only be sent to candidates who do not have an email address in the Pearson VUE system. If correspondence to an email address proves to be undeliverable, candidates will be sent a copy of the undelivered correspondence by US mail.

Candidates will be informed at the time of registration that if they decide to provide an email address with their registration information, all later correspondence from Pearson VUE will automatically be sent **ONLY** to that email address.

Please note that candidates registering through the NCLEX Candidate Services Web site ([www.pearsonvue.com/nclex](http://www.pearsonvue.com/nclex)) will **ONLY** receive their correspondence through email.

“Candidate correspondence” from Pearson VUE includes the confirmation of registration; Authorization to Test (ATT); and confirmation of scheduled, rescheduled or un-scheduled appointments.

If you have any questions about the above change, please contact Michael Tomaselli, NCLEX Administration Manager. His telephone number is 312/525-3627; his email address is [mtomaselli@ncsbn.org](mailto:mtomaselli@ncsbn.org).

## Board Meeting Schedule

All Board meetings are open to the public and are scheduled to be held as shown below. The first day of the dates shown are dates for Committee meetings. The room is reserved for the Monday before and the Friday following Board meetings for meetings or hearings if needed.

### BOARD MEETING SCHEDULE FOR 2006

- June 20 and 21, 2006
- September 12 and 13, 2006
- December 12 and 13, 2006

### BOARD MEETING SCHEDULE FOR 2007

- March 13 and 14, 2007
- June 19 and 20, 2007
- September 11 and 12, 2007
- December 11 and 12, 2007

### BOARD MEETING SCHEDULE FOR 2008

- March 11 and 12, 2008
- June 17 and 18, 2008
- September 16 and 17, 2008
- December 16 and 17, 2008

### BOARD MEETING SCHEDULE FOR 2009

- March 10 and 11, 2009
- June 16 and 17, 2009
- September 15 and 16, 2009
- December 15 and 16, 2009

### BOARD MEETING SCHEDULE FOR 2010

- March 9 and 10, 2010
- June 15 and 16, 2010
- September 14 and 15, 2010
- December 14 and 15, 2010

### BOARD MEETING

Landon State Office Building  
900 SW Jackson, Room 106  
Topeka, KS 66612

## Duplicate Licenses

Since February 3, 2006, the Board has printed duplicate licenses for the following licensees. Duplicate licenses are printed when the license is lost or stolen. The duplicate card has a “D” printed on the upper right hand corner under “Code.” If a license card for any of the individuals on the list is presented without the “D,” please call the Board of Nursing at 785-296-4929.

Name	Profession	Reason	Date Printed
1 Ackerman, Heather	RN	Duplicate License	4/20/06
2 Anderson, Sheila	LPN	Duplicate License	3/21/06
3 Averill, Lester	RN	Duplicate License	3/29/06
4 Barnhart, Amy	RN	Duplicate License	3/29/06
5 Bedker, Shelly	RN	Duplicate License	4/21/06
6 Bellerive, Amy	LPN	Duplicate License	3/31/06
7 Blanding, Melody	RN	Duplicate License	3/20/06
8 Blosser, Jill	RN	Duplicate License	4/14/06
9 Bolfig, Tanya	LPN	Duplicate License	3/10/06
10 Boltz, Ronna	RN	Duplicate License	3/20/06
11 Brown, Jennifer	LPN	Duplicate License	3/31/06
12 Carson, Susan	LPN	Duplicate License	4/21/06
13 Clarkson, Jerry	RNA	Duplicate License	4/18/06
14 Colbert, Whitney	LPN	Duplicate License	3/3/06
15 Cowdin, Amber	RN	Duplicate License	2/16/06
16 Davis, Leah	RN	Duplicate License	3/22/06
17 Delamore, Angela	RN	Duplicate License	4/24/06
18 Dillard, Yolanda	RN	Duplicate License	3/20/06
19 Dinkel, Shirley	RN	Duplicate License	2/6/06
20 Doherty, Carol	RN	Duplicate License	3/20/06
21 Driskill, Marlana	LPN	Duplicate License	2/14/06
22 Duncan, Marcia	RN	Duplicate License	3/6/06
23 Dunlap, Amber	LPN	Duplicate License	4/21/06
24 Durbin, Maude	RN	Duplicate License	3/10/06
25 Durbin, Winnie	LPN	Duplicate License	3/3/06
26 Fryett, Roger	RN	Duplicate License	4/24/06
27 Gaillard, Kathleen	RN	Duplicate License	3/23/06
28 Gardner, Irvilene	RN	Duplicate License	3/31/06
29 Gericke, Linda	RN	Duplicate License	2/24/06
30 Gerlach, Dorale	RN	Duplicate License	3/7/06
31 Gibson, Willa	RN	Duplicate License	3/24/06
32 Gier, Victoria	RN	Duplicate License	3/30/06
33 Griffin, Lynne	RN	Duplicate License	4/17/06
34 Grove, Robert	RNA	Duplicate License	3/31/06
35 Gunnerson, Mary	RN	Duplicate License	4/24/06
36 Hamp, Theresa	LPN	Duplicate License	4/3/06
37 Harper, Lorretta	RN	Duplicate License	4/17/06
38 Harris, Norma	RN	Duplicate License	4/10/06
39 Hassman, Debra	RN	Duplicate License	3/24/06
40 Helm, Amy	RN	Duplicate License	3/8/06
41 Hillix, Lynn	RN	Duplicate License	3/27/06
42 Hooper, Shannon	RN	Duplicate License	3/2/06
43 Horinek, Sharon	RN	Duplicate License	3/16/06
44 Hubert-Love, Vicki	LPN	Duplicate License	4/17/06
45 Jacobs, Debra	LPN	Duplicate License	4/10/06
46 Johnson, Dorothy	RN	Duplicate License	4/27/06
47 Kabriel, Debbie	LPN	Duplicate License	4/24/06
48 Kare, Velma	RN	Duplicate License	2/22/06
49 Kasson, Stephanie	LPN	Duplicate License	4/3/06
50 Kositzky-Klutman, April	ARNP	Duplicate License	2/17/06
51 Mabrey, Rebecca	RN	Duplicate License	2/8/06
52 McIntire, Margie	LPN	Duplicate License	4/4/06
53 McPherson, Karen	RN	Duplicate License	2/15/06
54 McSherley, Jeri	LPN	Duplicate License	3/28/06
55 Miano, Alice	LPN	Duplicate License	4/14/06
56 Mitchell, Melinda	LPN	Duplicate License	3/22/06
57 Mwarey, Claire	LPN	Duplicate License	3/8/06
58 Ong, Ruby	RN	Duplicate License	4/17/06
59 O'Shea, Elizabeth	RN	Duplicate License	3/1/06
60 Palmer, Brenna	RN	Duplicate License	4/20/06
61 Palmer, Teresa	LPN	Duplicate License	4/10/06
62 Parrish, Amy	RN	Duplicate License	2/24/06
63 Patrick, Emma	RN	Duplicate License	4/10/06
64 Pengra, Angela	RN	Duplicate License	4/27/06
65 Penn, Angela	RN	Duplicate License	3/27/06
66 Pringle, Julie	RN	Duplicate License	4/14/06
67 Rehg, Patricia	RN	Duplicate License	4/19/06
68 Reynozo, Ritchie	RN	Duplicate License	3/29/06
69 Rule, Sondra	RN	Duplicate License	4/3/06
70 Santillan, Mary Joyce	RN	Duplicate License	3/20/06
71 Schwarz, Gail	RN	Duplicate License	2/27/06
72 Scott, Ramona	RN	Duplicate License	2/17/06
73 Shown, Beverly	RN	Duplicate License	3/31/06
74 Shupe, Londa	RN	Duplicate License	3/1/06
75 Soeken, Lori	RN	Duplicate License	3/10/06
76 St. Clair, Michael	RN	Duplicate License	2/8/06
77 Stramel, Stacy	RN	Duplicate License	3/31/06
78 Thompson, Cheryl	LPN	Duplicate License	3/17/06
79 Washington, Vandy	LPN	Duplicate License	4/10/06
80 Weathers, Linda	RN	Duplicate License	3/31/06
81 Welden, Patsy	RN	Duplicate License	2/20/06
82 Werth, Barbara	RN	Duplicate License	2/6/06
83 Wesley, Denise	RN	Duplicate License	4/7/06
84 Wesley, Denise	LPN	Duplicate License	4/7/06
85 Wesley, Denise	LPN	Duplicate License	3/24/06
86 Wright, Yolanda	RN	Duplicate License	4/21/06

## ARNP Certificates

ARNP Certificates suitable for framing are available through the Kansas State Board of Nursing. Certificates are available to those ARNPs who hold a permanent Kansas license. To obtain a certificate, please complete the following form.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

CERTIFICATION NUMBER: \_\_\_\_\_

DATE CERTIFIED: \_\_\_\_\_

First Certificate is **FREE**  
Each additional certificate \$10.00.

Please submit order form to:  
Kansas State Board of Nursing  
Landon State Office Building  
900 SW Jackson, Suite 1051  
Topeka, KS 66612-1230

## Verifications

### Verification of Original Licensure

Verification of an original Kansas license, necessary for endorsement into another state, requires a **fee of \$25.00**. Verification of original licensure will include the following information:

- Kansas license number
- Date of issue and expiration
- Legal and/or disciplinary action (if any)
- School of nursing including date of graduation
- Licensure examination (NCLEX, SBTPE, etc.) date and results

Please submit the form provided by the state requesting verification, along with the \$25.00 fee, to:  
Kansas State Board of Nursing  
Attn: Endorsement Verification  
900 SW Jackson, Suite 1051  
Topeka, KS 66612

Upon receipt, verification will be completed by the Kansas State Board of Nursing and returned directly to the state requesting verification. For questions regarding Verification of Original Licensure, contact the Licensing Department of the Board at (785) 296-4929. Please allow 3 business days for processing.

### License Status Verification

License Status Verification is available online at [www.ksbn.org](http://www.ksbn.org) or, written request for verification may be submitted to the Board office. License status verification will include the following information:

- Kansas license number
- Date of issue and expiration
- Legal and/or disciplinary action (if any)

### *License Status Verification Options and Fees*

#### **Instant Access (online)—NEW!**

Instant access verification is for organizations or facilities that require a small number of verification

searches and are NOT current [Kansas.gov](http://Kansas.gov) subscribers. Verification is obtained INSTANTLY via KSBN's Web-Based Verification System. Payment can be conveniently charged to a major credit card.

- \$1.00 per search
- Up to 5 results will be displayed per search
- No charge for "No Results"
- Credit card payment is authorized prior to display of search results.

### **Annual Subscribers (online)**

A subscription to [Kansas.gov](http://Kansas.gov) provides organizations or facilities that require numerous verifications a lower per search option and the ability to gain license status verification via KSBN's Web-Based Verification System. A subscription requires an initial \$75 fee, with the convenience of monthly billing.

- \$.25 per search
- Up to 5 results displayed per search
- No charge for "No Results"
- Search fee is billed to [Kansas.gov](http://Kansas.gov) account.

### **Written Request (processed in Board office)**

Written request for verification of license status requires a fee of \$1.50 per license number. Verifications may be returned by fax for an additional \$.50 per license number. Please provide contact name and fax number. Submit requests to:

Kansas State Board of Nursing  
Attn: License Verification  
900 SW Jackson, Suite 1051  
Topeka, KS 66612

Upon receipt of the written request, verification will be completed by the Kansas State Board of Nursing and returned directly to the requestor. For questions regarding License Status Verification, contact the Licensing Department of the Board at (785) 296-4929. Please allow 10 days for processing of written requests.

## NURSING LICENSE RENEWAL SCHEDULE

If your license expires on:	You should receive your renewal notice by:	Your completed renewal applications should be in the Board office by:
August 31, 2006	June 10, 2006	July 31, 2006
September 30, 2006	July 10, 2006	August 31, 2006
October 31, 2006	August 10, 2006	September 30, 2006
November 30, 2006	September 10, 2006	October 31, 2006

### Participation in NCLEX Item Development Program for KS

The following nurses represented Kansas in the NCLEX item development program for the second quarter of FY2006:

Susan Ann Bowles: Candidate, 2/1/2006 PN Item Review Panel

Kristi Ann Masterson: Candidate, 2/1/2006 PN Item Review Panel

David Lawrence Martin: Member, 1/18/2006 RN Item Writing Panel

Lynetta Faye Stout: Member, 2/22/2006 PN Item Writing Panel

Julie Garrison: Member, 3/1/2006 RN Item Review Panel

Sarah Elizabeth Wilson: Alternate, 3/26/2006 RN Item Review Panel

### Continuing Education For License Renewal

It has come to our attention that ANCC has revised their CNE criteria and now allow approval of offering less than 1 contact hour in length. Kansas regulations which describe CE for license renewal (K.A.R. 0-9-105 and 60-9-106) include a requirement that each offering consist of a minimum of 1 contact hour and that all offerings used for CNE credit be approved by a state board of nursing or national nursing organization. The on-line renewal program will not allow you to enter offerings less than 1 contact hour; you can enter fractions of an hour over 1 contact hour.

If you have attended offerings approved by another discipline, you can submit the offering using the Individual Offering Approval (IOA) form available on the web site. The offering must meet the definition of CNE from KSA 65-1117 and fall within the limits established by the regulations.

### Listing CE on your Renewal Application

All continuing education for license renewal must be approved by some state board of nursing or national nursing organization/association. Here are some tips for listing your CE on your renewal to prevent delays in processing:

- **KSBN Approved provider:** Use the provider name and LT or SP number:

*(Title) Cardiac Update, (Provider) General Hospital, (Provider Number) LT0000-000 or SP0000-000*

- **Approved by another state board of nursing or national nursing organization/association:** Use the provider name and write the state board of nursing or national nursing organization/association that approved the CE:

*(Title) Cardiac Update, (Provider) General Hospital, (Provider #/Approving Agency) ANCC*

- **College courses taken as part of nursing degree completion program (each credit hr = 15 contact hours):** Write the name of the College and list the nursing degree you are pursuing.

*(Title) Pathophysiology, (Provider) XYZ University, (Provider #/Approving Agency) MSN*

**DO NOT** send continuing nursing education certificates. **College courses that are not part of a nursing degree program and other offerings not approved by a nursing provider must be submitted prior to renewal using the Individual Offering Approval form.**

## Education Committee Minutes December 13, 2006

**Nancy Mosbaek, PhD, RN  
Education Specialist**

The Education Committee of the Kansas State Board of Nursing met in the Landon Office Building on December 13, 2006. Eighteen applications for the Arthur L. Davis Agency scholarships were received. Board staff has reviewed the applications. Education committee members will review the applications and return their reviews to N. Mosbaek in two weeks. The education specialist's report was accepted by consensus of the committee.

The definition of bi-level program was discussed. Students in 1+1 programs must reapply to enroll in the second year. Students in the bi-level programs do not have to re-apply. KSA 65-1116 states LPNs and RNs are required to graduate from an approved school before being licensed. It was the consensus of the committee that staff conduct more research and bring this issue back to the March meeting. Educators and the Kansas Board of Regents are to be included in the discussions. The Committee will decide whether or not to appoint a task force to work on the issue at the March 2006 meeting. Educators with any history on this issue are asked to get the information to N. Mosbaek or M. Blubaugh.

Graduate Nurse (GN) status is currently 120 days in Kansas. The Kansas Organization of Nurse Leaders recommended doing away with the 120 day status. Eliminating the 120 day GN status would require a statute change. The statute will not be opened unless the Investigative Committee votes to require fingerprinting as a licensing requirement in Kansas. Notification to KSBN prior to taking the NCLEX and not requiring an official transcript before authorization to test is given was discussed. It was moved and adopted to eliminate the graduate status. It was the consensus of the committee that staff will review the options regarding the change of licensure procedures to accommodate this change and bring these options to the March Committee meeting.

The Titiloye O'Kupe petition to retest the NCLEX-RN was reviewed and approved by the Education Committee Chairperson and Vice-Chairperson prior to the meeting. It was the consensus of the committee to accept the approval of Titiloye O'Kupe to retake NCLEX-RN.

A new petition for Kory Jerome Sinclair was received. W. Ballou, Administrative Officer for Licensing, requested Mr. Sinclair be licensed in Kansas without having his transcript reviewed by CGFNS. Mr. Sinclair has been working in the United States since 1994. His transcript and credentials were reviewed by the Foundation for International Services, Inc. (FIS). It was moved and approved to endorse the licensure of Kory Jerome Sinclair.

Pratt Community College represented by Gail L. Withers, RN, MSN, ARNP-CNS, Dean of Nursing and Allied Health requested changes in the initial bi-level program and the inclusion of these changes in the online delivery method for the LPN to RN program. It was moved and adopted that the Pratt LPN to RN online course use a total of only 20% preceptorship throughout the program and an initial student assessment identifying components of all required clinical components with a report on clinical sites in June and a report on the program's progress at 1 year (June 2007). It was moved and adopted to limit the number of students for the online class to 20 students per class for the first year then report back on the progress of the program.

Dr. Patricia Anderson from the Kansas Board of Regents spoke to the Committee about the importance of KSBN and KBOR working together to approve and regulate Kansas schools. Regulations 74-32, 162 through 74-32, 183; the Kansas Private and Out of State Post Secondary Education Act were given to the Education Committee for review and discussion. Dr. Anderson recommended the Committee pay particular attention to 74-32, 163(b), (k), and (l) and 74-32, 164. Discussion will be held at a later meeting.

Brown Mackie College Lenexa represented by Jennifer Johnson RN, BSN, MSN, ARNP-C, SANE, Richard Thome, President and Paul Illiam, Campus Director, requested the establishment of a

new Brown Mackie bi-level program in Lenexa, KS. It was moved to accept the application of Brown Mackie College Lenexa Practical Nursing Program with a limit of 64 students for the first year. Motion adopted.

Wichita Area Technical College represented by Dorothy Hawthorne, Program Chair and Mary Anderson, Dean requested the establishment of an evening Practical Nurse Program. The evening program would utilize the current approved day program format. Minimal changes would include an increase in length of the program to adjust for shorter evening classroom hours. It was moved and adopted to accept the major curriculum change regarding the increase in the number of students to 20 for the first year and report back about the WATC evening practical nurse program in one year.

Neosho County Community College represented by Karen Gilpin, RN, MSN, CNAA requested an increase in the number of students in the 2nd level of the program from 90 to 100 (50 students/campus). Students would be divided in 2 classes of 25. OB and Psych would be taught twice in a semester. The change would require 3 groups at a time in clinical instead of 5. The change will allow taking in Bridge students. The change request was adopted.

N. Mosbaek reviewed the February 2006 survey visit report from Kansas City Kansas Community College AD program. It was moved to accept the site visit report with a follow-up report in one year. The report was adopted.

N. Mosbaek reviewed the survey visit report from Johnson County Community College Area Vocational School's Practical Nurse program. The report was adopted with the recommendation that the program evaluation plan be revised and submitted for review by January 31, 2007.

N. Mosbaek reviewed the survey visit report from North Central Kansas Technical College—Hays associate degree and practical nursing program. The report was adopted with the following recommendations: submission of a revised program evaluation plan which includes measurable graduate outcomes by January 31, 2007; hire or share OB and pediatric faculty; and investigate salary adjustments.

N. Mosbaek reviewed the initial program survey visit report for the University of St. Mary at Leavenworth. It was moved and adopted to approve the BSN program with the acceptance of 50 students.

N. Mosbaek and W. Ballou have researched the International Education Resource Foundation, a credentialing agency for internationally educated license applicants. The IERF meets the same standards as CGFNS. It was moved to approve IERF and a credential evaluation service. Motion adopted.

## Finance Committee

The Finance Committee meeting was called to order in room 108 of the Landon State Office Building on December 14, 2005 at 8:35 A.M. by Joan Sheverbush, Vice-Chair. The minutes of the September 13, 2005 meeting were approved.

M. Blubaugh reported that the RFP for the licensing software was still in progress and that the Banking Commission has joined the other three regulatory boards for new software.

KANNCHECK has stimulated a lot of interest and responses at the Kansas Hospital Association Annual Convention in Wichita were excellent. The prototype is expected to be ready for testing in February 2006.

K.S.A. 65-1118, 65-1118(a), 65-4208, and 74-1108 were discussed. M. Blubaugh reported that the Board is self insured and that funds for replacement of equipment and computers would come from the General Fund at the Legislature's discretion.

Discussion was held about the fingerprint bill. It was moved and passed to add language to K.S.A. 65-1118 to allow KSBN to fix a fee for fingerprinting of applicants or licensees.

Discussion was held about fees (K.S.A. 65-1118) and the proposed fee changes. It was moved and passed to go forward with the proposed fee changes with the exception of duplicate license that will remain at \$25.00 and inactive license will remain at \$20.00.

Proposed changes to K.S.A. 65-4208 was discussed and it was moved and passed to approve the proposed fee changes as presented except survey of a new program to \$1,000.00, duplication of license to \$25.00 and re-examination to \$200.00.

A motion was made and passed to allow the Executive Administrator to add language to the fingerprint bill that will create a pass through account for the fees.

M. Blubaugh reported that there were no changes made to the FY06 and FY07 budget and that budget hearings will be held this legislative session. She will report the outcome of the budget hearings at the March finance committee meeting.

The meeting was adjourned at 9:06 A.M.

## Discipline Cases

### Johnson, Nicole

LPN License No: 23-025242-051  
City of Residence: Leavenworth, KS  
License Revoked effective 3/16/06  
View Order—Case 05-611-9

### Mossett, Tracey

RN License No: 14-092550-071  
City of Residence: Stilwell, KS  
License Revoked effective 3/16/06  
View Order—Case 05-800-7

### Boos, Sarah

RN License No: 14-061116-112  
City of Residence: Raymore, MO  
License Denial effective 1-15-06  
View Order—Case 05-137-0

### Maas, Freida

RN Applicant  
City of Residence: Seneca, KS  
License Denial effective 3/11/06  
View Order—Case No. 05-698-9

## Positions Open for Appointment to the Kansas State Board of Nursing

The Kansas State Board of Nursing will have two positions up for appointment July 1, 2006. Governor Sebelius will be seeking nominations for one Registered Nurse engaged in nursing education and one LMHT engaged in practice.

Those interested in the positions are encouraged to send Governor Sebelius a letter and curriculum vita. K.S.A. 74-1106 requires Kansas State Nurse Association to give the Governor a list to be considered for appointment. The Governor is NOT obligated to make her appointment from the recommendations, although they will be considered.

If you would like to see the statute discussed above, you may purchase a Nurse Practice Act by sending \$10.00 to Kansas State Board of Nursing, Landon State Office Building, Rm. 1051, Topeka, Ks. 66612 or log onto the web site at [www.ksbn.org](http://www.ksbn.org) and download it at no charge.

## Board Members E-Mail Addresses

Judith Hiner, RN, BSN, CNA  
President 07-28-00 – 06-30-08

[judith.hiner@ksbn.state.ks.us](mailto:judith.hiner@ksbn.state.ks.us)

Joan Sheverbush, RN, MSN  
Board Vice-President 09-15-03 – 06-30-08

[joan.sheverbush@ksbn.state.ks.us](mailto:joan.sheverbush@ksbn.state.ks.us)

Tamara Hutchison, RN, BSN  
Secretary 07-01-01 – 06-30-09

[tamara.hutchison@ksbn.state.ks.us](mailto:tamara.hutchison@ksbn.state.ks.us)

Karen Gilpin, MSN, CNA  
9-01-98 – 6-30-06

[karen.gilpin@ksbn.state.ks.us](mailto:karen.gilpin@ksbn.state.ks.us)

Jane Conroy, NP-C, ARNP  
11-04-05 – 06-30-09

[jane.conroy@ksbn.state.ks.us](mailto:jane.conroy@ksbn.state.ks.us)

Barbara Stec  
Public Member 07-01-01 – 06-30-07

[barbara.stec@ksbn.state.ks.us](mailto:barbara.stec@ksbn.state.ks.us)

Janice McCart, RN, MSM  
Public Member 11-04-05 – 06-30-08

[janice.mccart@ksbn.state.ks.us](mailto:janice.mccart@ksbn.state.ks.us)

Ann Chapman, RN, ARNP, CNS  
09-15-03 – 06-30-07

[ann.chapman@ksbn.state.ks.us](mailto:ann.chapman@ksbn.state.ks.us)

Janet Jacobs, LPN  
11-04-05 – 06-30-09

[janet.jacobs@ksbn.state.ks.us](mailto:janet.jacobs@ksbn.state.ks.us)

Debbie Dale, LPN  
09-15-03 – 06-30-07

[debbie.dale@ksbn.state.ks.us](mailto:debbie.dale@ksbn.state.ks.us)

Sharon Folsom, MHT  
7-28-04 – 6-30-08

[sharon.folsom@ksbn.state.ks.us](mailto:sharon.folsom@ksbn.state.ks.us)

\*Board Member email responses may be lengthened due to limited internet access for some members.



## Project Topeka

In 1986 community agencies joined forces to conduct a community-wide food drive to restock the pantries of local food banks serving the hungry. The following year the food drive was named Project Topeka to reflect the Project's focus on strengthening the local community. In 2005 the Executive Administrator challenged staff to increase the ounces per full-time employee and the reward would be pizza. The staff exceeded the challenge, had the second highest ounce per full-time employee for the small agency group (100 employees or less).

In 2006, the challenge was to exceed the 2005 donations and achieve the highest ounce per full-time employee for the small agency group. The staff of 22 at the Board of Nursing met the challenge (and enjoyed the pizza provided by the Executive Administrator) by donating a total of 48,476 ounces of food for the community food banks.

## Kansas Nurses Have the Opportunity to Help Develop the NCLEX® Examination

by Anne Wendt and  
Jennifer Tiffen,  
NCSBN staff

The National Council of State Boards of Nursing (NCSBN) is responsible for developing the NCLEX-RN® and NCLEX-PN® licensing examinations by utilizing contributions from nurse clinicians and educators. NCSBN encourages all nurses to become involved in the development of the exams by participating in the item (question) development program. Qualifications for participation are listed below.

Serving on an NCLEX® item writing or review panel is an excellent opportunity to network with nurses from across the country, contribute to continuing excellence in nursing practice, and build new skills that are useful for professional growth.

Item development sessions are held throughout the year and include the item writing and item review panels. Item writing panelists are responsible for creating new test items that may later appear on one of the exams. Item review panelists examine both newly created and older items to help decide if the items are current and relevant to entry-level nursing practice.

All item development panels are held in Chicago, Illinois, and generally last 3-4 consecutive days. Panelists stay downtown in a deluxe hotel surrounded by the shopping and theater districts. Most travel and food expenses are covered and new panelists receive more than 30 CEUs for their participation.

For more information about the NCLEX item development program or to receive an application for the item development panels, please call the NCSBN item development hotline at 312-525-3775 or visit our Web site at [www.ncsbn.org](http://www.ncsbn.org).

### **ITEM WRITERS**

Item writers create the multiple-choice questions, or items, used for the NCLEX® examination. To qualify, you must be:

- 1) Currently licensed in the jurisdiction where you practice.
- 2) A registered nurse (RN) with a master's or higher degree (for NCLEX-RN® exam) or a licensed practical/vocational nurse (LPN/VN) or RN (for NCLEX-PN® exam.)
- 3) Responsible for teaching basic/undergraduate students in the clinical area **OR** currently employed in clinical nursing practice **AND** working directly with nurses who have entered practice within the last 12 months.

LPN/VNs who plan to take the NCLEX-RN examination within two years of service with NCSBN do not qualify for participation.

### **ITEM REVIEWERS**

Item reviewers review the items that are created by item writers. To qualify, you must be:

- 1) Currently licensed in the jurisdiction where you practice.
- 2) An RN (for NCLEX-RN® exam) or an LPN/VN or RN (for NCLEX-PN® exam.)
- 3) Currently employed in clinical nursing practice **AND** working directly with nurses who have entered nursing practice during the past 12 months.

LPN/VNs who plan to take the NCLEX-RN examination within two years of service with NCSBN do not qualify for participation.

## Guidelines for Open Forum

The open forum is a period of time during a regularly scheduled Board of Nursing meeting which provides an opportunity for individuals or representatives of groups to communicate directly with the Board on issues related to nursing. The following guidelines will govern the Open Forum:

1. Open Forum will be held from approximately 1:00-2:00 p.m. on the day of a regular Board meeting and may be extended at the discretion of the President of the Board.
2. Presenter may be any individual or representative of a group wishing to communicate with the Board.
3. Presenters are requested to notify the Board President and/or the Executive Administrator by telephone, e-mail or in writing 30 days in advance of the Board meeting that they may wish to speak on a specific topic that is within the purview of the Board.
4. Presenters will be limited to five minutes per topic unless special request for additional time has been received.
5. Unscheduled presenters may be heard if time permits and at the discretion of the President of the Board. Arrangements to speak must be made with the President prior to the beginning of the Open Forum.

The Board may respond by: (1) acknowledgement with appreciation; (2) questions for the presenter for clarification with additional information; (3) requesting the item be placed on the next Board meeting agenda for a more complete discussion; or (4) referral or taking other appropriate action.

## The Conduct of Board Meetings

1. Kansas State Board of Nursing meetings are open to the public.
2. Executive sessions and the Investigative Committee meetings are closed to the public.
3. The President will call for the Executive Session citing a specific purpose, length of time and who is included.
4. The Board meeting follows a prepared agenda.
5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the President of the Board for additional information or questions.
6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
7. Members of the Board, Board committee members, and the Board staff shall be recognized by the President.
8. Only one person will speak at a time.
9. Members of the Board will speak in an orderly fashion and refrain from conversation when another member is speaking.
10. Guests/visitors will be recognized only at the discretion of the President.
11. Persons in attendance at meetings are respectfully requested to refrain from talking or making noises while the meeting is in progress.
12. Anyone disrupting the meeting will be asked to leave.
13. Meetings will be adjourned as scheduled or upon completion of business, or; continued only upon the consensus of the membership of the group.
14. The President may establish and announce additional guidelines for the meeting subject to the agreement of the other Board members.
15. The President is responsible for the conduct of the meeting and will enforce the rules of conduct.

## The Conduct of Committee Meetings

1. Kansas State Board of Nursing Committee meetings are open to the public.
2. Executive sessions and the Investigative Committee meetings are closed to the public.
3. The Committee Chair will call for the Executive Session citing a specific purpose, length of time and who is included.
4. The Committee meeting follows a prepared agenda.
5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the committee chair for additional information or questions.
6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
7. Members of the Committee, Board members, and the Board staff shall be recognized by the Committee Chair.
8. Only one person will speak at a time.
9. Members of the Committee will speak in an orderly fashion and refrain from conversation when another member is speaking.
10. Guests/visitors will be recognized only at the discretion of the Committee Chair.
11. Persons in attendance at meetings are respectfully requested to refrain from talking or making noises while the meeting is in progress.
12. Anyone disrupting the meeting will be asked to leave.
13. Meetings will be adjourned as scheduled or upon completion of business, or; continued only upon the consensus of the membership of the group.
14. The Committee Chair may establish and announce additional guidelines for the meeting subject to the agreement of the other Committee members.
15. The Committee Chair is responsible for the conduct of the meeting and will enforce the rules of conduct.

## NCSBN Seeks Your Input on Current LPN/VN Entry-level Nursing Practice

The National Council of State Boards of Nursing (NCSBN) is about to launch a practice analysis study designed to describe entry-level licensed practical/vocational nurse (LPN/VN) practice. Using a survey developed by a panel of experts that included both practicing LPN/VNs from a variety of practice settings and specialty areas as well as LPN/VN educators, a sample of LPN/VNs will be asked to determine the frequency of performance and the importance of each of the activities listed. The results of the survey will be used to evaluate the current LPN/VN test plan in an effort to assure that the NCLEX-PN® examination reflects existing practice.

The LPN/VN survey is due to be launched on June 12, 2006. This study offers an opportunity for LPN/VNs to contribute to the nursing profession and as such, NCSBN encourages nurses receiving the survey to complete and return it as soon as possible.

If you have any questions about the LPN/VN entry-level practice analysis, please contact NCLEX information at 866-293-9600 (toll free number) or email [nclexinfo@ncsbn.org](mailto:nclexinfo@ncsbn.org).

# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION III

### ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including		

**July 12, 2006; 8:00 a.m.-4:30 p.m.; Concordia, KS**

**I.V. Starts and Maintenance of Peripheral PICC and CVAD Lines.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Donna Karber, RN, BSN. Aud: RN, LPN. I.V. Therapies: Selection of an appropriate site can be a challenge. Where do we go with what we have for veins? When is it appropriate to select a peripheral v/s PICC v/s port? How do treatments affect selection? Whatever the choice, it is imperative that they be maintained for patient safety. These questions and more will be discussed. Fee: \$50 Adv.; \$60 At the Door/\$79 Out-of-State. Reg. by: July 11, 2006. Contact Hours: 8.

**July 20, 2006; 8:00 a.m.-4:30 p.m.; Belleville, KS**

**Professional and Personal Polish: Striving Toward Excellence.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Donna Karber, RN, BSN. Aud: RN, LPN. Noted author, Jim Collins states that “good is the enemy of great.” What can we do to break past mediocre and move in the direction of excellence? This class will take a look at attitudes, ideas, choices and concepts that can help us strive toward excellence in our professions and our personal lives. It will be an opportunity for personal self-examination and growth in a supportive learning and discovering atmosphere. Fee: \$50 Adv.; \$60 At the Door/\$79 Out-of-State. Reg. by: July 19, 2006. Contact Hours: 8.

**August 24, 2006; 8:00 a.m.-4:30 p.m.; Minneapolis, KS**

**From Negativity to Positivity: Taking Negativity Out of the Workplace.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Jenni Reling, MS, Trainer and Consultant. Aud: RN, LPN. Nothing erodes productivity and personal satisfaction in the workplace as quickly as negative attitudes and behaviors. In this session, we’ll look at some of the causes of this negative behavior, and discover ways to confront in a positive way, causes of this negative behavior, and discover ways to confront in a positive way, those issues. And since the best place to bring “change” is with ourselves, we’ll do a quick personal attitude check to consider ways we can positively influence our work environment. We’ll particularly explore the issue of “change” and consider how we can make it a positive experience and will look at the role of effective communication in pushing negativity out of the workplace. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: August 23, 2006. Contact Hours: 8.

**September 1, 15, October 6, 13, 19, 20, 24 & 26 2006 (dates are subject to change); 9:00 a.m.-5:00 p.m.; Beloit, KS**

**Intravenous Therapy for LPNs.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Deb Beam, RN. Aud: LPN. This course will prepare Licensed Practical Nurses for intravenous therapy certification. LPNs must be currently licensed in the State of Kansas. **(State exam to be scheduled at a later date).** Fee: \$325 Adv.; \$330 At the Door/\$526 Out-of-State. Reg. by: August 31, 2006. Contact Hours: 32.

**September 1 2006; 8:00 a.m.-4:30 p.m.; Smith Center, KS**

**I.V. Starts and Maintenance of Peripheral PICC and CVAD Lines.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Donna Karber, RN, BSN. Aud: RN, LPN. I.V. Therapies: Selection of an appropriate site can be a challenge. Where do we go with what we have for veins? When is it appropriate to select a peripheral v/s PICC v/s port? How do treatments affect selection? Whatever the choice, it is imperative that they be maintained for patient safety. These questions and more will be discussed. Fee: \$55 Adv. Reg. by: August 31, 2006. Contact Hours: 8.

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## —CONTINUING NURSING EDUCATION OFFERINGS—

### REGION III Continued from page 15

**September 6, 2006; 8:00 a.m.-4:30 p.m.; Concordia, KS**

**Developing Creativity and Problem Solving Skills in the Workplace.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: John Mulvaney, MA, Private Management Consultant and Staff Developer. Aud: RN, LPN. One of the most effective skills any supervisor or staff person can utilize is the ability to successfully diagnose and solve problems. Unfortunately, many workers have never been trained properly to solve a problem, and as a result inadvertently create new problems or allow real issues to go unresolved. Enjoy a day away from the office and an opportunity to draw on the experience of a successful business professional. Someone who is not only knowledgeable, but dedicated to helping professionals develop creativity and problem solving skills. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 5, 2006. Contact Hours: 8.

**September 8, 2006; 8:00 a.m.-4:30 p.m.; Salina, KS**

**The Diversity of Love: Sharing the Final Journey.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: JoVeta Wescott, RN, MSHA. Aud: RN, LPN. This experiential workshop addresses issues of cultural sensitivity and awareness particularly with end-of-life issues. We live in a world that seems to become smaller every day and yet we often have not looked at our beliefs and values surrounding people that are unlike us. Fee: \$75 Adv.; \$85 At the Door/\$99 Out-of-State. Reg. by: September 7, 2006. Contact Hours: 8.

**September 13, 2006; 8:00 a.m.-4:30 p.m.; Concordia, KS**

**What is Alternative Health, Anyway?** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN, LPN. How many times has a patient in with a grocery sack full of funny looking bottles of who knows what? Yeah . . . you know the story. With the alternative healthcare industry booming in the United States, many people are endangering their health combining prescription medications and herbs, vitamins, and other nutritional supplements. The goal of this class will demonstrate that it is possible to combine allopathic and alternative medicine . . . Included are the rights of the patients and the responsibilities of doctors, nurses, and other care-givers. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 12, 2006. Contact Hours: 8.

**September 19 2006; 8:00 a.m.-4:30 p.m.; Belleville, KS**

**Energy! Why Do We Never Seem to Have Enough of It?** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN, LPN. Energy! Why do we never seem to have enough of it? Where does it come from anyway? Participants in this class will discover how the electromagnetic field surrounding the earth provides energy for the human body as well as very subtle and loving ways to increase energy levels. The roles light, sound, color, diet, and magnetism play in gaining and sustaining energy will be presented. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 18, 2006. Contact Hours: 8.

**September 21, 2006; 8:00 a.m.-4:30 p.m.; Beloit, KS**

**Understanding and Motivating—A Real Zoo Around the Workplace.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Ron Willis, Mental Health Consultant. Aud: RN, LPN. This fast paced, funny, informing seminar inspects the concept of human nature, and those ingrained behavioral patterns that tend to cluster into four basic personality styles around the workplace. Managers, leaders and employees at all levels will find this seminar expands awareness of strengths in the workplace and home. Ron will borrow and expand on the metaphor of the lion, golden retriever, otter and beaver, popularized by Gary Smalley and John Trent in the books, "The Treasure Tree" and "The Two Sides of Love." Fee: \$55. Reg. by: September 20, 2006. Contact Hours: 8.

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION III Continued from page 16

**September 26, 2006; 8:00 a.m.-4:30 p.m.; Smith Center, KS**

**Identification of Illicit Drug Use.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Beth Carlgren, MA. Aud: RN, LPN. Illicit drug use is a reality and has many negative effects on individuals and on society. Attending the workshop will help people to understand the physical and psychological factors that accompany these problems. Current research and treatment options will be discussed. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 25, 2006. Contact Hours: 8.

**September 28, 2006; 8:00 a.m.-4:30 p.m.; Salina, KS**

**Coping With People Who Exasperate Us!** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Jenni Reling, MS, Trainer and Consultant. Aud: RN, LPN. Whether in the workplace or in the family, there will always be people with whom we don't see eye to eye and with whom we struggle relationally. Chemical addiction, poor interpersonal skills and societal issues all impact the interactions of human beings. Sometimes these encounters leave us exasperated and weary. This session will explore

approaches that offer hope for improving these associations using workplace strategies as well as personal methods for coping with these people who exasperate us. Fee: \$75 Adv.; \$85 At the Door/\$99 Out-of-State. Reg. by: September 27, 2006. Contact Hours: 8.

**September 29, 2006; 8:00 a.m.-4:30 p.m.; Salina, KS**

**Cardiovascular Disease Update 2006.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Diane Braitsch, RN, BSN. Aud: RN, LPN. This program will focus on defining acute coronary syndrome (ACS) and explore the management guidelines outlined by the American College of Cardiology and the American Heart Association. Treatment options for the ACS patient both in the rural and urban setting will be outlined. Twelve lead EKG interpretation will be discussed as a tool to aid in the diagnosing of ACS. Wrapping up the day we will explore the subject of women and heart disease and look at how women differ from men in many aspects of this disease. Fee: \$75 Adv. Reg. by: September 28, 2006. Contact Hours: 8.

## REGION V

### ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including		

**July 21, 2006; 8:30 a.m.-4:30 p.m.; Great Bend, KS**

**Pediatric Update.** Spon: Barton County Community College, 245 NE 30 RD, Great Bend, KS 67530. Contact: Shelley Snyder, 620-792-9298. Fac: Bernadette Kahler. Aud: RNs, LPNs, LMHTs, Social Workers, and other health care professionals. Participants will be able to discuss presentation and management of common pediatric respiratory conditions, describe clinical presentation and management of pediatric fluid and electrolyte imbalances, compare pediatric pain assessment tools, and discuss pharmacological and non-pharmacological strategies for pain management. Fee: \$48 by July 14; \$58 after July 14. Reg. by: None. Contact Hours: 8.2.

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION VII

### ABBREVIATIONS

Spon: Sponsor	Reg. by: Register by
Fac: Faculty	TBA: To be announced
Aud: Audience	NG: Not Given
inc: includes/including	

**June 27, 2006; 6:30-8:30 p.m.; Kansas City, KS**  
**Combating Childhood Obesity: The Nurse's Role.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Nozella Brown, BS, K-State Research and Extension, Wyandotte County. Aud: RNs, LPNs. With the rate of obesity more than doubled for preschoolers and adolescents and more than tripled for children 6-11 in the past 30 years, it is critical that we gain perspective by reviewing definitions, facts, theories, and relevant research to learn effective strategies for helping the child, teachers, and parents eliminate the problem, while preserving the child's self esteem, as well as understand the role of school nutrition and fitness program. Fee: \$16 (package price available). Reg. by: June 19, 2006. Contact Hours: 2.

**July 8, 2006; 8:00 a.m.-4:30 p.m.; Overland Park, KS**  
**CPR for Health Care Providers.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Frederick Palmer. Aud: All. With successful completion of this course, the student will receive Basic Rescuer level (Health Care Provider) affirmation. Fee: \$35. Reg. by: NA. Contact Hours: 8.

**July 8, 2006; 8:30 a.m.-12:30 p.m.; Overland Park, KS**  
**Emerging Infectious Diseases.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Melissa Roberts, RN, JD. Aud: RN, LPN, LMHT, ACHA. This program will provide information about the symptoms, evaluation and management of various insect-borne and infectious diseases affecting Americans currently. Fee: \$48. Reg. by: NA. Contact Hours: 4.

**July 11, 2006; 9:00 a.m.-Noon; Overland Park, KS**  
**Diagnosing Depression and Evaluating Suicide Risk.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Stuart Munro, MD.

Aud: RN, LPN, LMHT. The historical aspects of depression and suicide will be traced through art and literature; barriers to recognizing depression and the risk of suicide will be identified. Fee: \$36. Reg. by: NA. Contact Hours: 3.

**July 11, 2006; 9:00 a.m.-1:00 p.m.; Kansas City, KS**  
**Don't Go There Alone! Professional Health Advocacy—Your New Career?** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Dr. Stephen Pew, PhD, Coordinator of the Masters in Health Care/Health Services Management/Leadership Program, Park University. Aud: RNs, LPNs. American health-care has a culture that unwittingly promotes the patient's feelings of powerlessness and dependency when patients and families actually should have a leadership role in securing the best health care available; this course is an introduction to the concept and profession of Health Advocacy for nurses as well as an opportunity to learn new ways to improve the quality of healthcare for patients by facilitating better conversations. Fee: \$32 (package price available). Reg. by: June 30, 2006. Contact Hours: 4.

**July 11, 2006; 6:00-9:00 p.m.; Kansas City, KS**  
**Peak Performance!** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Nozella Brown, BS, K-State Research and Extension, Wyandotte County. Aud: RNs, LPNs. Since our bodies are designed to operate at peak performance like an expensive, well-maintained vehicle, we need to learn our fuel and maintenance requirements; topics of discussion will include the relationship between nutrition and health, nutrients that contribute to healthy systems, how stress and fitness impact daily performance, and the design of a personal plan for operating at YOUR peak performance. Fee: \$24 (package price available). Reg. by: July 11, 2006. Contact Hours: 3.

**July 12, 2006; 9:00 a.m.-12:00 Noon; Kansas City, KS**  
**Skin Disasters: Review the Basics Study Advanced Techniques & Learn Effective Teaching Strategies for Patients & Families.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Wendy Mall-McKee, RN, BSN, CWCN, Certified in Hyperbaric Nursing, Clinical Coordinator, North Kansas City Hospital Wound Healing and Hyperbaric Center. Aud: RNs, LPNs. Learn to assess, document, and treat a variety of chronic wounds through case studies detailing the use of

advanced wound care modalities including vacuum assisted closure, hyperbaric oxygen therapy, and matrix wound dressings. Fee: \$24 (package price available). Reg. by: July 3, 2006. Contact Hours: 3.

**July 21-22, 2006; 9:00 a.m.-4:00 p.m.; Kansas City, KS**  
**Assessment & Treatment: The School Age Child.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This course is designed to help the inexperienced as well as the seasoned school nurse become familiar with assessment and treatment of common afflictions of the school age child (5-12 years old); both assessment & treatment option strategies will be discussed as we cover each body system as well as vaccinations, child abuse, and emergencies. Fee: \$120. Reg. by: July 14, 2006. Contact Hours: 12.

**July 25, 2006; 5:00-8:00 p.m.; Overland Park, KS**  
**Home Visitor's Guide to Best Practice.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Tracie Lansing, LMSW. Aud: RN, LPN, LMHT. This is an interactive course for professionals designed to provide tools to best attain engagement and goal setting for successful home visitation services with families facing multiple risk factors. Fee: \$36. Reg. by: NA. Contact Hours: 3.

**July 25, 2006; 6:30-8:30 p.m.; Kansas City, KS**  
**To Dream: Effective Sleep Strategies For You and Your Patients.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Dr. Bob Whitman, PhD, ABSM, RRT, RPFT. Aud: RNs, LPNs. In addition to creating \$16 billion in annual health care expenses and \$50 billion in lost productivity, sleep deprivation may increase obesity, diabetes, and cardiovascular disease so it is important to learn about sleep disorders and the effect of shift work and stressful nursing environments on your sleep plus that of your patients by learning how to recognize the problem and understand diagnostic methods as well as current treatment options. Fee: \$16 (package price available). Reg. by: July 17, 2006. Contact Hours: 2.

**August 3-24, 2006; 5:30-8:30 p.m.; Overland Park, KS**  
**Command Spanish® for Health Professionals.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: William Lozano, PhD. Aud: All. This course is designed to teach Spanish that can be used immediately in day-to-day communication with patients. Fee: \$150. Reg. by: NA. Contact Hours: 12.

**August 7-16, 2006; 5:30-8:30 p.m.; Overland Park, KS**  
**Demystifying Medical Terminology.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Ginny Radom, MS, RN. Aud: All. This introductory course, which serves as the prerequisite for the Medical Coding Certification Course, is of special interest to billing and insurance personnel, as well as consumers. Fee: \$108. Reg. by: NA. Contact Hours: None.

# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION VII Continued from page 18

**August 8, 2006; 6:00-9:00 p.m.; Kansas City, KS**  
**What You Can't See CAN Hurt You! Food-Borne Illnesses** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Nozella Brown, K-State Research and Extension, Wyandotte County. Aud: RNs, LPNs. With more than 250 different food-borne diseases causing approximately 76 million illnesses, 325,000 hospitalizations, and 5,000 deaths in the United States each year, nurses must be aware of the many points from farm to table where foods can become contaminated; identify how we can protect ourselves by focusing on prevention measures in your home, your school, workplace, and public restaurants as well as discussing high risk clients, food safety programs, food security, and emergency preparedness. Fee: \$24 (package price available). Reg. by: July 31, 2006. Contact Hours: 3.

**August 12, 2006; 8:00 a.m.-4:30 p.m.; Overland Park, KS**

**CPR for Health Care Providers.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Frederick Palmer. Aud: All. With successful completion of this course, the student will receive Basic Rescuer level (Health Care Provider) affirmation. Fee: \$35. Reg. by: NA. Contact Hours: 8.

**August 19-December 9, 2006; 9:00 a.m.-Noon; Overland Park, KS**

**Medical Coding Certification Course.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Donna Barker. Study medical coding using the latest curriculum approved by the American Academy of Professional Coders. Fee: \$899. Reg. by: NA. Contact Hours: NA.

**September 7, 2006; 5:30-8:30 p.m.; Overland Park, KS**

**The Psychiatry of Sexuality.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Stuart Munro, MD. Aud: RN, LPN, LMHT, LMT. This class will view sexual problems from a medical perspective as medical and psychological interventions are often therapeutic. Fee: \$36. Reg. by: NA. Contact Hours: 3.

**September 7-28, 2006; 5:30-8:30 p.m.; Overland Park, KS**

**Command Spanish® for Health Professionals.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: William Lozano, PhD. Aud: All. This course is designed to teach Spanish that can be used immediately in day-to-day communication with patients. Fee: \$150. Reg. by: NA. Contact Hours: 12.

**September 14, 2006; 5:30-8:30 p.m.; Overland Park, KS**

**Performance Excellence for Direct Care Professionals.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Mary Pebley. Aud: RN, LPN, LMHT, ACHA. This seminar will teach how to improve the quality of direct care for patients. Fee: \$36. Reg. by: NA. Contact Hours: 3.

**September 15-16, 2006; 8:30 a.m.-4:30 p.m.; Kansas City, KS**

**Communicate Effectively: Spanish for Nurses, Part I.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Stephanie Marquex, MA, nationally certified Command Spanish instructor. Aud: RNs, LPNs. ¡Hola! ¿Cómo está? Learn how to provide care to your Spanish-speaking patients, take a medical history, explain procedures, and provide care instructions; included in the program is an introduction to Hispanic health beliefs and cultural issues, a workbook, and CD. Fee: \$120. Reg. by: September 6, 2006. Contact Hours: 14.

**September 16, 2006; 8:00 a.m.-4:30 p.m.; Overland Park, KS**

**CPR for Health Care Professionals.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Frederick Palmer. With successful completion of this course, the student will receive Basic Rescuer level (Health Care Provider) affirmation. Fee: \$35. Reg. by: NA. Contact Hours: 8.

**September 18 & 25, 2006; 8:30 a.m.-4:30 p.m.; Kansas City, KS**

**Basic Dysrhythmia** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Jan George, RN, BSN, LMT, has over twenty years experience in critical care. Aud: RNs, LPNs. Using a systematic approach, learn the basic concepts of rhythm interpretation, including both normal and abnormal rhythm analysis, lots of "hands-on" exposure, and potential treatment of dysrhythmias; this class is an excellent opportunity for the nurse considering going into a critical care area, taking ACLS, or just advancing their knowledge. Fee: \$112. Reg. by: September 8, 2006. Contact Hours: 14.

**September 19, 2006; 5:30-8:30 p.m.; Overland Park, KS**

**Ethical Social Work Practice.** Spon: Johnson County Community College, 12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: Tracie Lansing, LMSW. This course will review and discuss the Social Work Code of Ethics including the six core values: service, social justice, dignity and worth of the person, importance of human relationships, integrity and competence. Fee: \$36. Reg. by: NA. Contact Hours: 3.

**September 20, 2006; 6:30-8:30 p.m.; Kansas City, KS**

**What Happens After Discharge? Don't Let Your Patient Fall Through The Cracks!** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. The transfer from hospital to home leaves your patient vulnerable with nearly one in five patients suffering an adverse event—many preventable—soon after discharge; learn appropriate nursing and medical management to prevent the "nightmares" commonly experienced by patients and their families. Fee: \$16 (package price available). Reg. by: September 11, 2006. Contact Hours: 2.

**September 23, 2006; 9:00 a.m.-Noon; Overland Park, KS**

**Current Trends in Ischemic Heart Disease.** Spon: Johnson County Community College,

12345 College Blvd., Overland Park, KS 66212. Contact: Registration Staff, 913-469-2323. Fac: James Mbogori. Aud: RN, LPN, ACHA. In this class, participants will review the current approaches to the single biggest cause of death in the United States, coronary heart disease. Fee: \$36. Reg. by: NA. Contact Hours: 3.

**September 28, 2006; 6:30-8:30 p.m.; Kansas City, KS**

**Creative Problem Solving, Negotiation, and Conflict Management in Patient Advocacy.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Dr. Stephen Pew, PhD, Coordinator of the Masters in Health Care/Health Services Management/Leadership Program, Park University. Aud: RNs, LPNs. The assistance of a Health Advocate helps to make the often confusing and complex healthcare system more navigable for patients; learn skill sets in "win-win" problem solving, negotiating differences between what patients want and what caregivers want for patients and managing the inevitable conflict that arises from unaligned goals and plans by gaining skills in creative problem solving, non adversarial negotiation, finding common ground, mutually acceptable solutions, and understanding the creative power of conflict. Fee: \$16 (package price available). Reg. by: September 20, 2006. Contact Hours: 2.

**October 3 & 4, 2006; 8:00 a.m.-5:00 p.m.; Kansas City, KS**

**Recognition and Evaluation of Drugs in the Academic Environment.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Kansas State Highway Patrol. Aud: RNs, LPNs. A highly acclaimed two-day class designed to provide the health care professional with the necessary observational and clinical assessment tools to properly recognize the signs and symptoms of drug use, identify impairment, determine that the observable impairment is related to drug ingestion/abuse, and to document and articulate that assessment; topics include coverage of drugs that impair and observable effects of each of the seven drug categories. This program is sponsored by the Kansas Highway Patrol, Drug Recognition team and can be taken as either a one or two-day program. Fee: \$20 (\$10 per day). Reg. by: September 25, 2006. Contact Hours: 15

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION VII Continued from page 19

**October 11-12, 2006; 9:00 a.m.-5:00 p.m.; Kansas City, KS**

**PALS—Pediatric Advanced Life Support.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Donna Olafson, Coordinator of the KCKCC E.M.T. program. Aud: RNs, LPNs. Learn to recognize infants and children at risk for cardiopulmonary arrest, to learn strategies for preventing cardiopulmonary arrest in infants and children, and to teach students how to perform the cognitive and psychomotor skills for resuscitating and stabilizing infants and children in respiratory failure, shock, or cardiopulmonary arrest; skills in bag-mask ventilation, management of airway, defibrillation and cardioversion, use of AEDs for children older than 1 year, and rhythm management are emphasized. Fee: \$130. Reg. by: October 3, 2006. Contact Hours: 14.

**October 12, 2006; 6:00-9:00 p.m.; Kansas City, KS**

**Joints in Motion: What to do when your get-up-and-go-got-up-and-went!** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Mary E. Ryan, ARNP, MSN, FNP-C. Aud: RNs, LPNs. This rheumatology update will review several disease states including: rheumatoid arthritis, osteoarthritis, fibromyalgia, and give a brief overview of chronic fatigue syndrome as well as ankylosing spondylitis; the pathogenesis of disease states will be examined as well as current testing regimens, signs and symptoms of disease, natural progression, current treatment modalities, and upcoming trends in medicine and in patient education. Fee: \$24 (package price available). Reg. by: October 4, 2006. Contact Hours: 3.

**October 14, 2006; 9:00 a.m.-12:00 Noon Kansas City, KS**

**Clinical Aromatherapy for Nurses: Using Essential Oils in Practice.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Bill Miller, BA, NCTMB, Services Management/Leadership Program, Park University. Aud: RNs, LPNs. If you've already taken an introductory course in aromatherapy, take the next step by learning how to blend and use essential oils for a variety of applications, such as pain management, wound management, sleep and appetite disorders, care of the elderly, stress management, and disinfectant properties. Fee: \$24 (package price available). Reg. by: October 6, 2006. Contact Hours: 3.

## REGION IX

### ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including		

**July 7, 2006; 8:00 a.m.-4:30 p.m.; Marysville, KS**

**Sensitive Communication in Health Care: In Case We Have to Eat Our Words, Let's Make Sure Some are Tender and Sweet.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Ron Willis, Mental Health Consultant. Aud: RN, LPN. This seminar reminds participants of sensitive principles of communication with those who hurt, are alone or losing hope. It serves also as a wonderful review when communicating with those we are privileged to live with and love. Fee: \$50 Adv.; \$60 At the Door/\$79 Out-of-State. Reg. by: July 6, 2006. Contact Hours: 8.

**July 11, 2006; 8:00 a.m.-4:30 p.m.; Marysville, KS**

**Hospice: The Service, The Care.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Sandy Kuhlman, RN and Deb Evangelidis, RN. Aud: RN, LPN. This workshop

will explain the services of hospice including the variety of partnerships to provide quality end-of-life care. The afternoon portion will focus on clinical management or persons facing the end-of-life including pain control and symptom management. Fee: \$50 Adv.; \$60 At the Door/\$79 Out-of-State. Reg. by: July 10, 2006. Contact Hours: 8.

**July 13, 2006; 8:00 a.m.-4:30 p.m.; Abilene, KS**

**Keeping Safe: What You Need to Know About Infection Control and Related Topics in 2006.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Linda King, RN, MS, CNS. Aud: RN, LPN. Topics such as HIV, Hepatitis A-Z, Standard Precautions and disease transmission, latex allergies, Bioterrorism, and other infection control topics will be discussed at this presentation. Ideas to keep all of us safe all of the time will be shared. Fee: \$50 Adv.; \$60 At the Door/\$79 Out-of-State. Reg. by: July 12, 2006. Contact Hours: 8.

**July 19, 2006; 8:00 a.m.-4:30 p.m.; Junction City, KS**

**Treatment of Cancer Within the Next 10 Years: Hot Topics and Targeted Therapies.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Rebecca Sander, RN, MSN, AOCN, CCM. Aud: RN, LPN. This workshop will focus on current clinical hot topics and newer biological agents dealing with cancer treatment in the next 10 years. Topics include Relative Dose Intensity (RDI) chemotherapy administration, new advances in radiation oncology, updates on symptom management and pharmacology and an overview of molecularly targeted therapy and biological agents including cancer vaccines. Fee: \$50 Adv. Reg. by: July 18, 2006. Contact Hours: 8.

**August 21-December 21, 2006; 6:30-9:30 p.m.; Solomon, KS**

**ICD 9-CM Coding.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Brenda Reiff, RHIT. Aud: RN, LPN, ADM. ICD 9-CM Coding is used for classification of diagnosis and procedures in the hospital, physician clinics, long-term care facilities, home health agencies, insurance companies, and other medical service providers. This course is a basic beginner's course. Fee: \$200 Adv.; \$230 At the Door/\$401 Out-of-State. Reg. by: August 21, 2006. Contact Hours: 3.

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION IX Continued from page 20

**August 25, 2006; 8:00 a.m.-4:30 p.m.; Junction City, KS**

**Understanding and Motivating—A Real Zoo Around the Workplace.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Ron Willis, Mental Health Consultant. Aud: RN, LPN. This fast paced, funny, informing seminar inspects the concept of human nature, those ingrained behavioral patterns that tend to cluster into four basic personality styles around the workplace. Managers, leaders and employees at all levels will find this seminar expands awareness of individual differences and provides concrete examples to bring out the best in others, while taking advantage of strengths in the workplace and home. Ron will borrow and expand on the metaphor of the lion, golden retriever, otter and beaver, popularized by Gary Smalley and John Trent in the books, "The Treasure Tree" and "The Two Sides of Love." Fee: \$55 Adv. Reg. by: August 24, 2006. Contact Hours: 8.

**August 29, 2006; 8:00 a.m.-4:30 p.m.; Clay Center, KS**

**The Impact of Methamphetamine Abuse: The Abuser and Their Families.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Beth Whisler, MA. Aud: RN, LPN. Methamphetamine abuse is unfortunate and a common phenomenon in our society. Attending the workshop will enable the participant to understand the impact on the abuser and on his/her family. Treatment options will be discussed and a review of new research will be presented. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: August 28, 2006. Contact Hours: 8.

**August 30, 2006; 8:00 a.m.-4:30 p.m.; Abilene, KS**

**Keeping Safe: What You Need to Know About Infection Control and Related Topics in 2006.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Linda King, RN, MS, CNS. Aud: RN, LPN. Topics such as HIV, Hepatitis A-Z, Standard Precautions and disease transmission, latex allergies, Bioterrorism, and other infection control topics will be discussed at this presentation. Ideas to keep all of us safe all of the time will be shared. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: August 29, 2006. Contact Hours: 8.

**August 31, 2006; 8:00 a.m.-4:30 p.m.; Marysville, KS**

**Becoming an Effective Leader: Strategies to Enhance the Leadership Role.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Jenni Reling, MS, Trainer and Consultant. Aud: RN, LPN. Leadership brings with it many rewards and challenges. Many who find themselves in leadership roles also find that they've received little training to manage the people and issues they encounter in the role of "leader" or they find the task load overwhelming. This session will take a practical yet probing look at leadership skills, provide strategies to lead in an effective manner and offer encouragement. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: August 30, 2006. Contact Hours: 8.

**September 12, 2006; 8:00 a.m.-4:30 p.m.; Washington, KS**

**Understanding Anxiety Disorders.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Beth Carlgren, MA. Aud: RN, LPN. Anxiety can affect the body and the mind in many different and complex ways. It is helpful for an individual to understand that there can be some important ways to combat and deal with anxiety in his/her everyday life. Participation in this workshop will enable a person to understand the various anxiety disorders, their symptoms, causes, and types of treatment. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 11, 2006. Contact Hours: 8.

**September 14, 2006; 8:00 a.m.-4:30 p.m.; Junction City, KS**

**Skin Integrity in the Geriatric Population.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Diana Cunningham, RN, CWS. Aud: RN, LPN. This workshop will discuss basic information of the anatomy and physiology of the skin and underlying structures. What to do when wounds do not heal will be discussed. The workshop will cover all of the usual chronic wounds as well as some acute situations. Workshop participants will have hands-on practice with various wraps and dressing materials. Fee: \$55 Adv. Reg. by: September 13, 2006. Contact Hours: 8.

**September 15, 2006; 8:00 a.m.-4:30 p.m.; Abilene, KS**

**Breast Cancer: A Positive Approach.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Cherri Murray, BSN, MHS. Aud: RN, LPN. 'Reflections of a Nurse Who Became The Patient.' This conference will focus on the all too familiar diagnosis of "Breast Cancer." One in eight women will hear these words in the course of their lifetime. You will learn first-hand the significant impact of cancer on the quality of life. Through this conference you will be exposed to the positive side of this incredible journey and it will offer you the opportunity to grow in knowledge, change your perspective and help you find encouragement and empowerment to face whatever challenges you will encounter on this fragile path called Life. Fee: \$55 Adv. Reg. by: September 14, 2006. Contact Hours: 8.

**September 20, 2006; 8:00 a.m.-4:30 p.m.; Clay Center, KS**

**Law-Suit Proof Your Medical Records.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Virginia Downing, RN, ASN, CLNC. Aud: RN, LPN. Law suits should be a concern of all nurses today. Virginia Downing, RN, a

certified Legal Nurse Consultant, will discuss the needs of a well-written, bulletproof medical record. You will learn how to paint a picture of the residents needs and the care provided. You will be taught how to be concise with maximum clarity when documenting what the patient tells you and what the objective data shows you. Virginia will offer practical suggestions on how to work with counsel, defend the medical record and avoid devastating landmines. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 19, 2006. Contact Hours: 8.

**September 21, 2006; 8:00 a.m.-4:30 p.m.; Abilene, KS**

**Identification of Illicit Drug Use.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Beth Carlgren, MA. Aud: RN, LPN. Illicit drug use is a reality and has many negative effects on individuals and on society. Attending the workshop will help people to understand the physical and psychological factors that accompany these problems. Current research and treatment options will be discussed. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 20, 2006. Contact Hours: 8.

**September 23, 2006; 8:00 a.m.-4:30 p.m.; Clay Center, KS**

**Diabetes Management: Changes and Choices.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Winifred Schaedel, APRN, BC-ADM- CDE. Aud: RN, LPN. Diabetes has been around for centuries. However, during the last decade, people with diabetes, their families, and health care providers have many encouraging and successful management tools from which to choose. Some of these innovative approaches in diabetes care include nutritional choices as carbohydrate counting and insulin to carbohydrate ratios, new oral medication choices and new insulin types, plus insulin administration devices as insulin pens and the insulin pump, and advanced glucose monitoring systems. Emphasis is being placed on identifying pre-diabetes risk factors and preventing the onset of diabetes among our nation's youth. Encouraging patients to competently self manage their diabetes is a change and a challenge for the entire health care team. Fee: \$50 Adv.; \$60 At the Door/\$79 Out-of-State. Reg. by: October 3, 2006. Contact Hours: 8.

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## REGION IX Continued from page 21

**September 25 & 26, October 2 & 3, 2006; 8:00 a.m.-4:30 p.m.; Junction City, KS**

**Adult Care Home Operator Training Course.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Carolyn Westin, RN, BSN, MA. Aud: RN, LPN. This course will prepare the student to be an operator of assisted living facilities, residential health care facilities, home plus and adult day care facilities. After successful completion of the course, the student is eligible to take the state exam prepared by Kansas Department of Health and Environment on the principles of assisted living. Fee: \$160 Adv.; \$190 At the Door/\$244 Out-of-State. Reg. by: September 22, 2006. Contact Hours: 32.

**September 29, 2006; 8:00 a.m.-4:30 p.m.; Washington, KS**

**M.S.: The Mystery Disease—What Is It?** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Marie McHenry, RN. Aud: RN, LPN. This workshop is being given from a personal perspective and will cover the possible causes, symptoms, and medical treatments known so far. From this seminar you will learn the definition of MS, know signs and symptoms of the disease, and have reasonable knowledge of the many treatments available and be aware of the medical research being done to find a cure. Fee: \$55 Adv.; \$65 At the Door/\$84 Out-of-State. Reg. by: September 28, 2006. Contact Hours: 8.

STATEWIDE ABBREVIATIONS			
Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including		

**July 26 & 27, 2006; 7:00 a.m.-6:00 p.m.; Wichita, KS**

**Trauma Nursing Core Course (TNCC).** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Denise Spaeth, RN, MSN, 316-962-7283. Fac: Multiple Faculty. Aud: RN. TNCC is designed to develop and enhance trauma nursing skills, both cognitive and technical. Enrollment is limited. Fee: \$200. Reg. by: Call by 4 weeks prior to course to check space availability. Contact Hours: 18.

**July 29, 2006; 8:00 a.m.-3:00 p.m.; Wichita, KS**

**Spanish Today For Medical Professionals.** Spon: Via Christi-St. Joseph Campus, 3600 E. Harry St., Wichita, KS 67218. Contact: Vendla Ulrich, 316-932-2361. An extensive manual, hand pocket guide and interactive CD-Rom is provided with class. No prior Spanish knowledge needed. Fee: \$120 group discounts available. Send payment to Spanish Horizons, 830 Nelson Drive, Derby, KS 67037. Reg. by: July 21, 2006. Contact Hours: 7.

**August 23, 2006; 9:00-11:00 a.m.; Wichita, KS**

**Diabetes Medication Madness.** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: 316-962-3080. Fac: Donna Conway, RN, BSN, MA, CDE-DSC. Aud: RN, LPN. Comprehensive look at the various medical therapy options for treatment of diabetes, indications for use, and intended actions/side effects. Oral agents, hormonal therapies and insulin will be discussed. Fee: \$20. Reg. by: None. Contact Hours: 20.

**August 30 & 31, 2006; 8:00 a.m.-4:30 p.m.; Wichita, KS**

**ONS Chemotherapy & Biotherapy Course.** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Diane Offerman, RN, MN, ARNP, 316-962-7280. Aud: RN with a minimum of six months experience in Oncology. Fee: \$175. Reg. by: August 4, 2006. Contact Hours: 16.

**September 15, 2006; 8:00 a.m.-4:30 p.m.; Wichita, KS**

**21st Annual Townsend Cardiovascular Nursing Symposium.** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Diane Braitsch, RN, BSN, 316-962-3080. Fac: Merrily Kuhn, ND, PhD, RN & Robin Trupp, MSN, ACNP, BC, CCRN, CCRC. Aud: RN, LPN, RT, EMS. This one-day symposium will feature national speakers presenting topics including: Metabolic Cardiology, Sudden Cardiac Death, Flash Pulmonary Edema, Interpreting Lab Tests, and Syndrome X—Sweet Heart Disease. Fee: Use symposium brochure to register. Call 316-962-3080 for a brochure. Lunch provided. Contact Hours: 7.

**September 16, 2006; 8:00 a.m.-3:00 p.m.; Wichita, KS**

**Spanish Today For Medical Professionals.** Spon: Via Christi-St. Joseph Campus, 3600 E. Harry St., Wichita, KS 67218. Contact: Vendla Ulrich, 316-932-2361. An extensive manual, hand pocket guide and interactive CD-Rom is provided with class. No prior Spanish knowledge needed. Fee: \$120 group discounts available. Send payment to Spanish Horizons, 830 Nelson Drive, Derby, KS 67037. Reg. by: September 8, 2006. Contact Hours: 7.

**September 20-22, 2006; Three Days; Wichita, KS**

**Become MDS RAC-C Credentialed in 3 Days.** Spon: Aging Research Institute & American Association of Nurse Assessment Coordinators, 217 SE 8th Ave., Topeka, KS 66603. Contact: Loretta Seidl, Director of Professional Development, 785-233-7443. Fac: Ron Orth, RN, NHA, RAC-C. Do the Medicare math: 1 ADL coding error = \$46.65/day x 45 assessments per month x 30 days = \$62,978/month. (based on 2005 rates.). Fee: \$450 with AANAC membership. Reg. by: September 1, 2006. Contact Hours: 27.

**September 20, 2006; 8:30 a.m.-4:00 p.m.; Overland Park, KS**

**Depression and Dispiritedness in Later Life.** Spon: Shawnee Mission Medical Center, 9100 W. 74th St., Merriam, KS 66204. Contact: Gloria Burk, 913-676-2955. Fac: Howard Butcher, RN, PhD, APRN, BC. Aud: RNs and LPNs in acute and long term care settings. This program will address the misconception that depression and aging are inevitably entwined, and diagnosis, nursing care and treatment options for depression and “dispiritedness” in later life. Fee: \$70 (includes lunch). Reg. by: September 13, 2006. Contact Hours: 7.

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## STATEWIDE Continued from page 22

**September 26, 2006; 9:00-11:00 a.m.; Wichita, KS**

**How Do We Make Room for Dying in the Hospital?** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: 316-962-3080. Fac: Carolyn Harrison, MN & Lois Miller, RN. Aud: RN, LPN. This class will discuss the end-of-life planning and how we as healthcare professionals can assist patients with the ethical, personal, spiritual, and medical needs of patients at the end of life. Fee: \$20. Reg. by: None. Contact Hours: 2.

**October 16, 2006; 8:00 a.m.-3:00 p.m.; Wichita, KS**

**Spanish Today For Medical Professionals.** Spon: Via Christi-St. Joseph Campus, 3600 E. Harry St., Wichita, KS 67218. Contact: Vendla Ulrich, 316-932-2361. An extensive manual, hand pocket guide and interactive CD-Rom is provided with class. No prior Spanish knowledge needed. Fee: \$120 group discounts available. Send payment to Spanish Horizons, 830 Nelson Drive, Derby, KS 67037. Reg. by: None. Contact Hours: 7.

**November 4, 2006; 8:00 a.m.-3:00 p.m.; Wichita, KS**

**Spanish Today For Medical Professionals.** Spon: Via Christi-St. Joseph Campus, 3600 E. Harry St., Wichita, KS 67218. Contact: Vendla Ulrich, 316-932-2361. An extensive manual, hand pocket guide and interactive CD-Rom is provided with class. No prior Spanish knowledge needed. Fee: \$120 group discounts available. Send payment to Spanish Horizons, 830 Nelson Drive, Derby, KS 67037. Reg. by: October 27, 2006. Contact Hours: 7.

## HOME STUDY

### ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including		

**Pain Management.** Spon: AKH, P.O. Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: V. McCarty, RN, CIC, LHRM. Aud: Nurses in all clinical settings. The goal of this course is to enable nursing professionals to provide quality care to patients by properly administering to them to alleviate and prevent pain. Fee: \$22.50 + S&H. Reg. by: None. Contact Hours: 4.

**Fetal Monitoring and Assessment.** Spon: AKH, P.O. Box 2187, Orange Park, FL 32067-2187. Contact: Helen Holman, 904-264-0674. Fac: Lori Ley, RNC, MSN. Aud: Nurses in all OB/GYN settings. Learn up-to-date concepts of electronic fetal monitoring from the operating room equipment to interpreting data. Fee: \$53 + S&H. Reg. by: None. Contact Hours: 15.

**Ethics and Professional Boundaries in Healthcare.** Spon: AKH, P.O. Box 2187, Orange Park, FL 32067-2187. Contact: Helen Holman, 904-264-0674. Fac: M. Kathleen Ebener, PhD, RN. Aud: Nurses in all settings. This course focuses on ethical theory, principles, and models for decision making applicable to most healthcare professionals; particularly regarding the difference between personal and professional ethics and the delineated boundaries for each. Fee: \$17.50 + S&H. Reg. by: None. Contact Hours: 3.6.

**Asthma.** Spon: AKH, P.O. Box 2187, Orange Park, FL 32067-2187. Contact: Helen Holman, 904-264-0674. Fac: Jonathan S. Holman, BS, PharmD. Aud: Nurses in all clinical settings. In an attempt to bridge the gap between current knowledge and practice in the management of asthma, this course will be based on the recommendations of EPR-2 and EPR2 Update 2002 emphasizing patient education at every step of clinical asthma care and by all members of the health care team. Fee: \$27.50 + S&H. Reg. by: None. Contact Hours: 6.

**Pharmacology and Medication Administration for Nurses.** Spon: AKH, P.O. Box 2187, Orange Park, FL 32067-2187. Contact: Helen Holman, 904-264-0674. Fac: M. Kathleen Ebener, PhD, RN. Aud: Nurses in all clinical settings. This program supports enhancing patient safety by increasing nursing knowledge related to the varied aspects of pharmacology and medication administration as it relates to: what is being given and why, evaluation of drug effectiveness, correct interpretation of medication orders, general guidelines for all routes of administration, and med preparation. Fee: \$58.50 + S&H. Reg. by: None. Contact Hours: 16.

**Nurses Drug Handbook.** Spon: AKH Inc., PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Jonathan S. Holman, BS, PharmD. Aud: Nurses in all clinical settings. This book-based reference gives you over 1,000

drugs logically organized, patient teaching and full color photo guide included. Fee: \$52.50 + S&H. Reg. by: None. Contact Hours: 12.

**Secrets in Interventional Radiology.** Spon: AKH Inc. Advancing Knowledge in Healthcare, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: M. Kathleen Ebener, PhD, RN. Aud: Nurses working in diagnostic and radiologic settings. This book-based course is designed to improve the understanding of vascular and interventional radiology and the ever-increasing role it plays in patient care. Fee: \$64 + S&H. Reg. by: None. Contact Hours: 28.8.

**Clinical Laboratory Tests.** Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Helen M. Holman, MS, RN, BC. Aud: Nurses in all clinical settings. Learn about test purposes, preparations, procedures, normal values and implications of results, and related patient teaching. Fee: \$68 + S&H. Reg. by: None. Contact Hours: 30.

**Nurses Legal Handbook.** Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Helen M. Holman, MS, RN, BC. Aud: Nurses in all clinical settings. Learn safeguards for legal practice and prevention of lawsuits; describe legal risks and responsibilities in your area of practice; explain why ethics impacts on your decision making. Fee: \$64 + S&H. Reg. by: None. Contact Hours: 24.

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## —CONTINUING NURSING EDUCATION OFFERINGS—

### HOME STUDY Continued from page 23

#### **Professional Handbook of Diagnostic Tests.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Helen M. Holman, MS, RN, BC. Aud: Nurses in all clinical settings. This book-based course includes over 400 disorders and key findings, descriptions, patient preparations, pre and post test care, abnormal findings and their significance. Fee: \$64 + S&H. Reg. by: None. Contact Hours: 28.8.

#### **Interpreting ECG's.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Susan J. Schultz, RN, MSN, CCRN, CS. Aud: Nurses in all clinical settings. Describe anatomy and physiology of the heart, how to obtain a high-quality rhythm strip, how to measure and record all components of an ECG, and how to interpret and treat all major arrhythmias. Fee: \$64 + S&H. Reg. by: None. Contact Hours: 24.

#### **Assessment Made Easy.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Helen M. Holman, MS, RN, BC. Aud: Nurses in all settings. Learn important techniques in a head to toe assessment. Includes anatomy and physiology, clinical tips, insights and interpretations. Fee: \$64 + S&H. Reg. by: None. Contact Hours: 24.

#### **Healing the Dying.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Ann K. Hanawalt-Marlier, RN, MS, CNA. Aud: Nurses in all settings. This book-based course explores the new choices, concepts in care and resources for those who work with the terminally ill. Fee: \$52.50 + S&H. Reg. by: None. Contact Hours: 14.4.

**Healing Touch.** Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Ann K. Hanawalt-Marlier, RN, MS, CNA. Aud: Nurses in all settings. This book-based course explores the integration of holistic approaches with traditional medicine. Fee: \$52.50 + S&H. Reg. by: None. Contact Hours: 14.4.

#### **Expert Rapid Response.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Helen M. Holman, MS, RN, BC. Aud: Nurses in Med-Surg settings. Designed to enhance critical thinking skills for the medical-surgical nurse, identify key assessment techniques and primary response to patient emergencies. Fee: \$52.50 + S&H. Reg. by: None. Contact Hours: 12.

#### **Diabetes.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Mary Kathleen Ebener, PhD, RN. Aud: Nurses in all clinical settings. This course addresses prevalence, risk factors, etiology, pathology, clinical manifestations, diagnostic criteria, tests, ongoing laboratory monitoring and standard treatment options. Fee: \$47.50 + S&H. Reg. by: None. Contact Hours: 10.

#### **Nursing Documentation.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: M. Kathleen Ebener, PhD, RN. Aud: Nurses in all settings. Provides currently recommended information on documentation practices. Fee: \$39.50 + S&H. Reg. by: None. Contact Hours: 8.

#### **Arthritis.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Mary Kathleen Ebener, PhD, RN. Aud: Nurses in all clinical settings. This course will provide knowledge about the prevalence, etiology, pathology, clinical manifestations, diagnostic criteria, diagnostic tests and standard treatment options for most common

arthritic conditions. Fee: \$22.50 + S&H. Reg. by: None. Contact Hours: 4.8.

#### **Alzheimer's Disease and Other Dementias.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: M. Kathleen Ebener, PhD, RN. Aud: Nurses in Clinical, Elder Care or Home Care settings. This course is designed for healthcare professionals interested and involved in the identification and subsequent care for those persons affected by Alzheimer's disease (AD) or other dementias associated with progressive cognitive decline. Fee: \$17.50 + S&H. Reg. by: None. Contact Hours: 3.6.

#### **The a, b, "C"s of Hepatitis.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: P. Krugman, MS, RN. Aud: Nurses in all settings. Focus on Hepatitis "C" with a discussion of the rest of the hepatitis alphabet. Fee: \$17.50 + S&H. Reg. by: None. Contact Hours: 3.

#### **End of Life Issues: Advanced Directives.**

Spon: AKH Consultant, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: Ann K. Hanawalt-Marlier, RN, MS, CNA. Aud: Nurses in all settings. This course introduces the concept of preparing advance directives, considered are some of the more common legal and ethical matters associated with end-of-life issues. Fee: \$9 + S&H. Reg. by: None. Contact Hours: 1.2.

#### **Primary Care of the Older Adult.**

Spon: AKH Inc. Advancing Knowledge in Healthcare, PO Box 2187, Orange Park, FL 32067-2187. Contact: Helen M. Holman, MS, RN, BC, 904-264-0674. Fac: V. McCarty, RN, CIC, LHRM. Aud: Nurses in all settings working with the elderly. This course provides a broad overview of the specialized needs presented by older patients and the information necessary for healthcare professionals to meet those needs. Fee: \$68 + S&H. Reg. by: None. Contact Hours: 30.

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# —CONTINUING NURSING EDUCATION OFFERINGS—

## HOME STUDY Continued from page 24

**Anemia.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. When we think of anemia, we may all think of iron deficiency anemia, especially if we ourselves suffer from fatigue. But, did you know that there are numerous types of anemia and that you have to know more than a patient's hemoglobin and hematocrit in order to come to a diagnosis? This course is designed to discuss the most common types of anemia, how anemias are diagnosed, and treatments associated with the different types of anemias. Fee: \$10. Reg. by: None. Contact Hours: 2.

**Asthma.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. The thoughts on the pathophysiology of asthma; as well as, the etiology of asthma have changed dramatically in the past 10 years. It is hoped, through the completion of this program, that the learner will become more familiar with the pathophysiology, etiology, and treatment of asthma; as well as, learn what is on the horizon in asthma treatment. Fee: \$35. Reg. by: None. Contact Hours: 7.

**Basic EKG.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This course is designed to help the learner become familiar with the fundamentals of rhythm strip analysis. Topics include the electrical system of the heart, measurements, and basic concepts of rhythm interpretation. Treatment of abnormal rhythms will not be covered here. Fee: \$60. Reg. by: None. Contact Hours: 15.

**A Premier on Thyroid Disease.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This course is designed to help the learner become familiar with the thyroid gland and its function; as well as, the diseases associated with it such as hypothyroidism, hyperthyroidism, and thyroid cancer. Laboratory values, other diagnostic tests, and treatment options for hypothyroidism, hyperthyroidism, and thyroid cancer are covered. Fee: \$15. Reg. by: None. Contact Hours: 3.

**Advanced EKG.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This course is designed to build upon the work done in Basic EKG or for those who have already had Basic EKG. 12-Lead EKGs will be the emphasis with knowledge gained about diagnosing myocardial infarctions, chamber enlargement (hypertrophy), and ectopy versus aberrancy. Plenty of examples are given to help the learner go through a systematic approach when trying to interpret a 12-lead EKG. Fee: \$25. Reg. by: None. Contact Hours: 5.

**Menopause: What's In, What's Out, Natural Hormones. What's a Woman to Do??** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This home study course is designed to help the learner become familiar with the current menopausal hormone replacement therapy controversy. Options to synthetic hormones such as compounded bioidentical (natural) hormone replacement therapy, other non-hormonal medications, herbs, vitamins, and supplements are discussed. Fee: \$10. Reg. by: None. Contact Hours: 2.

**Fibromyalgia Syndrome: Current Thoughts and Treatments.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. Fibromyalgia syndrome is the most common rheumatological disorder. Current thoughts on etiology and treatments will be emphasized. Treatment options include pharmacological, herbal, vitamins/minerals, nutritional, and others. Fee: \$10. Reg. by: None. Contact Hours: 2.

**To Sneeze or Not to Sneeze: Allergic Rhinitis.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This home study course is designed to introduce to the learner to the pathophysiology of allergic rhinitis and its treatment. Pharmacological, herbal, vitamin/mineral, or other supplement options for the treatment of allergic rhinitis is discussed. Fee: \$10. Reg. by: None. Contact Hours: 2.

**Respiratory Assessment & Its Meaning.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Susan Holcomb, PhD, ARNP, BC. Aud: RNs, LPNs. This home study course introduces the learner to other aspects of respiratory assessment such as pulmonary function tests (PFTs), tuberculosis readings (TB), chest x-rays, etc. Normal and abnormal physical assessment findings are also stressed. Fee: \$10. Reg. by: None. Contact Hours: 2.

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## —CONTINUING NURSING EDUCATION OFFERINGS—

### HOME STUDY Continued from page 25

**Ethics for Health Professionals. September 25-November 10, 2006, online.** Spon: Kansas City Kansas Community College, 7250 State Avenue, Kansas City, KS 66112. Contact: Shara Spilker, RN, MSN, Consultant for Continuing Nursing Education, 913-288-7305. Fac: Joyce McMahon, MHS, CCM, OTR/L. Aud: RNs, LPNs. This course will give you an overview and systems approach to the ethical quandaries of working in health care both individually and as a team member. You'll have an opportunity to learn how you are shaped by your organization's structure and how you can be effective as a framer of ethical policies and practices in the institutions of health care. Fee: \$90 (package price available). Reg. by: September 15, 2006. Contact Hours: 12.

**Spanish Today For Medical Professionals - Independent Study.** Spon: Spanish Horizons, 830 Nelson Drive, Derby, KS 67037. Contact: Vendla Ulrich, 316-932-2361. This independent study comes with a handy manual and CD-Rom. Fill out the worksheet packet and return for CNE points. Fee: \$40. Send payment to Spanish

Horizons, 830 Nelson Drive, Derby, KS 67037. Reg. by: None. Contact Hours: 4.

**Patient Compliance: A New Look.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide information needed to prevent and manage non-compliant patient behavior. Fee: \$60. Reg. by: None. Contact Hours: 5.4.

**The Time of Your Life.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to manage time effectively. Fee: \$30. Reg. by: None. Contact Hours: 2.6.

**Superachievers and Coping Strategies.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to manage professional responsibilities without suffering the debilitating effects of

perfectionism. Fee: \$30. Reg. by: None. Contact Hours: 2.4.

**Assertiveness: New Perspectives.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to assertively manage challenging communication issues with patients, physicians and other members of the health care treatment team. Fee: \$40. Reg. by: None. Contact Hours: 3.3.

**Conflict Management: Skills for Uncertain Times.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide skills needed to manage conflict with patients, physicians and allied health professionals. Fee: \$50. Reg. by: None. Contact Hours: 5.

**Grief A Living Experience: The Multiple Responses to Loss.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Jody Gyulay, PhD. Aud: All levels of nursing. This course will identify the normal grief process and the multiple responses to grief that affect the patient and care givers. Fee: \$30. Reg. by: None. Contact Hours: 3.

**Living the Dying Process: A Guide for Caregivers.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Jody Gyulay, PhD. Aud: All levels of nursing. You will see the dying process as a complex journey for both the patient and the family, you will learn ways to allay their fears and confusion, and bring calm to the dying patient and family. Fee: \$65. Reg. by: None. Contact Hours: 7.5 per day.

**Weight Management Strategies: A Holistic Approach.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder, 913-341-5627. Fac: Sue Popkess-Vawter, PhD. Aud: All levels of nursing. You will learn new strategies for making lifestyle changes that promote healthy weight by developing a daily plan using the cognitive restructuring strategies, Eat for Hunger, Exercise for Life and Esteem for Self. Fee: \$65. Reg. by: None. Contact Hours: 7.5.